

TEEN LINE ®

A program of DIDI HIRSCH

Teens Helping Teens 

Teen Line provides hope and support if you are struggling.

Call

(800) 852-8336

Nationwide

6:00 p.m.–10:00 p.m. PST



Text

Send TEEN to 839863

Nationwide

6:00 p.m.–9:00 p.m. PST



Email: Visit [TeenLine.org](https://www.teenline.org)



Accredited by the American Association of Suicidology

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