



SUICIDE  
PREVENTION  
CENTER

# Suicide Support Services for Individuals and Families

We offer support for people who are coping with self-harm, suicidal ideation, the loss of someone to suicide, or who have survived an attempt.

## WHO WE SUPPORT

- Children, teens, adults, and families seeking specialized mental health support
- Individuals who have attempted suicide or are experiencing suicidal thoughts or self-harm
- People grieving the loss of a loved one to suicide

## WHAT WE OFFER

- Individual and family therapy
- Survivors After Suicide and Survivors of Suicide Attempt support groups, co-led by a suicide-specialized therapist and a survivor who has completed the program
- Suicide-focused treatment and support
- Safety planning and guidance to reduce risk
- Suicide loss debriefings for individuals, families, and communities affected by a suicide loss
- Collaboration with hospitals, providers, and community partners

## WHY PEOPLE TURN TO US

- A trusted mental health provider serving Greater Los Angeles for more than 80 years and providing suicide-specific support services in Orange County since 2010
- Home to the nation's first and largest suicide prevention center
- Evidence-based care that meets you where you are in a safe, supportive setting
- Specialized clinical training in proven approaches for suicide-related support
- Strong program outcomes and measurable impact

## WE ACCEPT (ORANGE COUNTY)

- Medi-Cal
- Aetna
- HealthNet
- Private Pay

Financial assistance may be available  
based on need.

To get started or refer  
someone, call or visit:

**(714) 989-8311**  
**CrisisCare.org**

Services are available virtually or in person.



Scan the QR code to sign up online.  
Priority appointments are available  
for individuals recently discharged  
from the hospital or those with  
immediate suicide risk.



If you or someone you know is in a mental health or suicidal crisis, call or text **988** (24/7, free & confidential).

For teens seeking peer support, call Teen Line at **(800) 852-8336** or text **TEEN** to **839863**.

**DidiHirsch.org**

