



Didi Hirsch's mission is to provide compassionate mental health, substance use and suicide prevention services to individuals and families, especially in communities where discrimination and injustice limit access.

WHAT WE DO

Didi Hirsch delivers a wide spectrum of evidence-based, comprehensive services to help build stronger communities and shape brighter futures.

Mental Health—Trauma-informed therapy and medication management through outpatient services, school-based programs, crisis residential treatment and telehealth.

Substance Use Services—Prevention & treatment services; coordinated entry navigation services for the county; Via Avanta residential treatment center for women with young children.

Suicide Prevention Center—Multilingual 24/7 crisis call/chat/text lines; teen hotline; 911 diversion; specialized counseling & support groups; suicide prevention training & outreach.



WHO WE SERVE

Didi Hirsch served

270,897

children, teens, adults and seniors in 2024, including:

230,210

Crisis Lines & Counseling



5,235

Mental Health & Residential



671

Outpatient Substance Use Programs



34,781

Outreach & Education



A Tremendous Legacy

Begun by volunteers, Didi Hirsch Mental Health Services had a single site and a \$5,000 budget when it was incorporated in 1942.

We were LA's first community-based adult outpatient clinic and one of the original federally-designated Community Mental Health Centers in the nation.

Our renowned Suicide Prevention Center was the first of its kind in the US and is an international leader in training, research and crisis services.

Our Impact

81%

of youth outpatient clients self-reported significantly improved symptoms.

80%

of adult outpatient clients demonstrated positive recovery.

70%

of crisis line contacts reduced their self-reported intent to harm themselves by the end of the interaction.

DONATE NOW

