



The mission of Didi Hirsch Mental Health Services is to provide compassionate mental health, substance use and suicide prevention services to individuals and families, especially in communities where discrimination and injustice limit access.

What We Do



Didi Hirsch delivers a wide spectrum of evidence-based, comprehensive services to help build stronger communities and shape brighter futures.

Mental Health—Outpatient services; school-based programs; crisis residential treatment; therapy; psychiatric services; medication management.

Substance Use Services—Prevention & treatment services; Via Avanta residential treatment center for women with young children.

Suicide Prevention Center—Multilingual 24/7 crisis call/chat/text lines; teen hotline; 911 diversion; disaster response helpline; counseling & support groups; suicide prevention training & outreach.

A Tremendous Legacy

Begun by volunteers, the agency had a single site and a \$5,000 budget when it was incorporated in 1942.

We were LA's first community-based adult outpatient clinic and one of the original federally-designated Community Mental Health Centers in the nation.

Our renowned Suicide Prevention Center was the first of its kind in the US, and is an international leader in training, research and crisis services.

Today, Didi Hirsch operates 11 sites and partners with over 70 schools in Los Angeles and Orange counties.

Our life-saving programs are made possible by the efforts of nearly 700 staff members and 500 volunteers.

We serve as the lead agency for California's rollout of the nationwide 988 Lifeline, which debuted in 2022.

Our Impact

100%

of youth outpatient clients self-reported significantly improved symptoms.

72%

of adult outpatient clients demonstrated positive recovery.

74%

of crisis line contacts reduced their self-reported intent to harm themselves by the end of the interaction.

Who We Serve

189,939

Children, teens, adults & seniors served in 2022



5,386
Mental Health & Residential

166,853
Crisis Lines & Groups



991
Substance Use Programs



16,709
Outreach & Education