Didi Hirsch Mental Health Services has been providing free mental health, substance use and suicide prevention services for over 75 years. Didi Hirsch is dedicated to serving communities where stigma or poverty limits access. Its Suicide Prevention Center is the nation’s first and provides crisis services, grief counseling, training and research nationwide.

**Adult Services**
- Clinic and field-based services
- Integrated healthcare
- Crisis residential treatment
- Transition age youth/older adult
- Wellness Centers

**Suicide Prevention Services**
- 24/7 bilingual Crisis Line
- Crisis chat and text
- Bereavement support & therapy
- Attempt survivor support groups
- Disaster Distress Helpline
- Community education/outreach
- School/first responder training
- Suicide Response Team

**Child & Family Services**
- Family-focused treatment
- Birth-to-Five program
- School-based therapy
- Military families support
- Trauma-focused treatment

**Substance Use Disorder Services**
- Substance use treatment
- Adolescent treatment & prevention
- Mother/child residential treatment
- Homeless outreach
- Assessment, linkage and referrals

www.didihirsch.org /didihirsch.org @DidiHirsch www.didihirsch.org
Dear Friends,

Didi Hirsch looks at the big picture. The whole person. The whole family. So does this Annual Report.

We treat individuals across the lifespan, beginning with a special Zero to Five program for at-risk families with young children. In collaboration with partners, we also provide Integrated Care—focusing on mental illness, substance use and other illnesses. Integrated care also includes suicide prevention; about nine out of ten people who die by suicide have a mental illness.

Half of all mental health disorders emerge by the age of 14, but it generally takes seven or more years to receive help. Genetics and Adverse Childhood Experiences, which include growing up in a home or community with alcoholism, violence, emotional abuse and child abuse, can have a lasting impact on brain development, behavior and health. Sleep disturbances, depression, substance use and smoking are just some of the problems that are more common among individuals who have experienced multiple traumas early in life. The earlier they receive help, the better.

Azariah’s family did just that. When Azariah started having serious behavior problems in preschool, his grandmother and mother brought him to our Taper Center, where he underwent treatment for attention-deficit/hyperactivity disorder. Now doing well, he graduated from Didi Hirsch’s program. But if he starts to struggle again, his family will bring him back, just as we would do with other illnesses that wax and wane with stress.

About half of all adults with serious mental illness will have a substance use disorder at some point in their lives. After Adele was diagnosed with bipolar disorder, out of shame and denial, she turned to alcohol rather than treatment and ended up homeless and hopeless. She would not be here today but for the kindness of a stranger who helped her find her way to Via Avanta—our residential treatment program for women with mental illness and substance use disorders.

Adults with serious mental illness die up to 25 years younger than other adults. After depression and a divorce sent his life into a tailspin, John could easily have become a statistic. For four years, he received no medical care for his heart disease, diabetes and other illnesses. The doctor in our driveway changed all that. Two years ago, John enrolled in Didi Hirsch’s integrated care program and began seeing a doctor in Westside Family Medical Center’s mobile clinic. Since then, he has had 31 appointments with his primary care doctor and several specialists.

The worst outcome possible for someone with a mental illness is suicide. After Miguel lost his 20-year-old son to suicide, he couldn’t imagine ever laughing again. One of our Suicide Prevention Center’s bereavement support groups helped him find a way forward. With one of our therapists, he co-facilitates the same group for parents just beginning their journey. Helping others is a powerful antidote to grief.

Every year, your support helps thousands of Azarias, Adeles, Johns and Miguels. We are grateful to them for sharing their stories. We are grateful to you for helping those stories have a happy ending.

With gratitude,

KITA S. CURRY, PhD
PRESIDENT/CEO

photo credit: Rocco Ceselin
High energy is common in young children, but Azariah’s actions went beyond that. “He couldn’t control himself,” says Ivonna Wilburn, his mother. He was disruptive in class and had trouble absorbing information.

His grandmother, Gevonne Wilburn, was also worried and frustrated that his disruptiveness was affecting his ability to learn. And she was concerned for his physical safety, as it was hard to keep him from darting toward traffic on their walks to and from school.

After someone at the preschool recommended counseling, Azariah got the help he needed through Didi Hirsch’s S. Mark Taper Foundation Center, near their home in South Los Angeles. Therapists diagnosed Azariah as having attention-deficit/hyperactivity disorder (ADHD), which afflicts more than 6 million children in the U.S. His twin sister, Azriel, does not have the condition, which is almost three times more likely to afflict boys.

At the Center, Azariah’s lack of focus quickly became apparent. “He ran around opening doors and couldn’t follow directions,” Gevonne recalls. A team committed to every facet of his wellbeing provided “wraparound” support. A psychiatrist prescribed medications, while counselors allowed him to express himself. He learned to listen and follow instructions.

Didi Hirsch’s early childhood program serves families who are at risk due to homelessness, domestic violence, substance use and other issues. Therapists based at school sites work closely with teachers, school psychologists and other personnel to help children overcome mental health challenges and stay on track to reach their full potential.

In a little over a year, Azariah, now about to turn 7, “graduated” from the Didi Hirsch program, and his future looks bright. He’s now in a smaller class, with more one-on-one attention. He likes math and sometimes even tells other kids in class to behave. “He still has good days and bad days, but the program helped him tremendously,” Ivonna says. “The Didi Hirsch staff got him on the right track.”

Nationally, only 1 in 4 youth with severe depression received consistent treatment last year.

78% of Didi Hirsch’s child clients showed significant improvement in functioning by the end of treatment.
Years later, he had a family of his own, but the early losses continued to haunt him. His struggles with post-traumatic stress disorder, suicidal thoughts, depression and anxiety have been lifelong. But it wasn’t until he got divorced that his life went into a tailspin.

A Didi Hirsch client for many years, John was diligent about handling his mental health conditions with therapy and medication. But his physical health problems were more difficult to address. As he got older, he developed heart disease, diabetes and osteoarthritis, which made it difficult for him to get a job. Facing homelessness and struggling with thoughts of suicide, he was too depressed to do anything about his health and didn’t see a doctor for four years.

That all changed when he enrolled in Didi Hirsch’s integrated health care program. Through one of our partnerships, Didi Hirsch’s clients can see doctors in the Westside Family Health Center’s mobile clinic, which regularly visits our Sepulveda driveway. Over the past two years, John has had 31 appointments with his primary care doctor and several specialists. He is feeling so much better that he no longer needs a walker to get around.

His mental health challenges haven’t gone away and he sometimes still thinks about suicide. “I told my therapist it’s like a garden,” John says. “Things pop up, and you weed them. But it’s always going to need attention, or else it’ll get unbearable again.”

He is grateful for the care he received from Didi Hirsch, which he says “basically saved my life.” He repays the support by helping others, teaching Spanish to a group of clients at Didi Hirsch Sepulveda’s Wellness Center.

“I encourage everyone I see to have hope,” John says. “I tell them it’s not about where you’ve been but about where you’re going.”

Preventable diseases shorten the lives of people with serious mental illness by 25 years on average.

57% of Didi Hirsch clients who received integrated care services had fewer emergency room visits afterwards.
Diagnosed with bipolar disorder, Adele struggled with suicidal impulses at an early age. But she hid those thoughts, fearing the stigma and feeling at fault. Originally from Maryland, she moved as often as she could to escape her problems — and depended on alcohol to forget them. She ended up on the Hollywood streets, never knowing where she would sleep each night. After two years of homelessness, at 9:30 one night, she decided to die there.

“I came out of a walking blackout after drinking all day with people I didn’t know,” she says. Her shoes were missing, as were items from her purse, including her ID. “I had lost all hope and didn’t know what else to do,” she says. So she decided to run up an exit ramp into traffic.

Her salvation came in the form of a fast-thinking driver who swerved to miss her before stopping to pull her out of harm’s way. He also helped find a facility that could take her, which put her on the path to Didi Hirsch’s Via Avanta residential center — and recovery.

Adele Hare woke up among strangers, and then another stranger saved her life.

Tears welling up in her eyes, Adele likens her arrival at Via Avanta to “Dorothy making it to the Emerald City after her perilous trip through Oz.”

Of course, like Dorothy, Adele still faced a number of challenges. But she finally had the support she needed to activate her inner strength. Via Avanta also provided her with a sense of safety, which, she says, “I hadn’t felt in a very long time.”

While still residing at Via Avanta, she started working at a Cheesecake Factory — which was also a journey, as she had to change buses three times to get there. But she was always on time. “Prior to getting sober, I lived across the street from the café where I worked but I was still late every day,” she says.

Adele has returned to Via Avanta in a professional capacity, as food service manager, and she also has her own online jewelry business. Her personal life has rebounded as well, and she is engaged to be married. “I don’t know where I would be if it wasn’t for Didi Hirsch,” she says. “I’m so grateful I was able to get the treatment I needed.”

1 in 8 people with serious mental illness were homeless at least once in a one-year period.

70% of clients reported improved functioning after leaving Didi Hirsch’s Crisis Residential Treatment programs.
Even though Miguel’s daughter once worked for Didi Hirsch as a therapist, he did not understand the organization’s scope until his 20-year-old son, Alex, died by suicide. “The week it happened, three people called me and said, ‘You’ve got to contact Didi Hirsch.’” His daughter was one of them.

Miguel and his wife started attending the eight-week Survivors After Suicide support group. “It was probably the hardest thing we’ve ever done as a couple,” Miguel says.

While challenging and emotionally fraught, Miguel found the process so rewarding that he continued with an individual therapist. Eager to share such support with others, he then trained to volunteer as a peer grief counselor.

Today he uses his bilingual skills to facilitate sessions in Spanish as well as English. In doing so, he helps some survivors overcome a crucial barrier to coping with loss. “If there’s a stigma about suicide in the Hispanic culture, then it’s doubled if you’re also a male,” Miguel says.

When he can, he also writes for Didi Hirsch’s “Survivors After Suicide” newsletter. Miguel is modest about his writing ability, but recalls when it led to a personal breakthrough. After writing a letter he wished Alex could have read, Miguel was asked to put himself in his son’s place to compose a response.

Sitting at Alex’s desk for inspiration, Miguel opened a drawer. “I saw a little notebook that he had taken from my office,” he recalls. “Inside was a note Alex had left that said, ‘I love you,’ with ‘love’ drawn as a heart.” That, Miguel felt, was Alex’s response to his own letter.

Alex died three years ago, but his legacy lives on in his father’s dedication to helping others. “He was the individual who helped everyone,” Miguel says of his son.

The support, he confesses, flows both ways. “This helps me at least as much as I help others.”

More than 5.3 million people in the U.S. have been intimately affected by a suicidal loss.

100% of our suicide loss survivors would recommend our services.
Didi Hirsch celebrated the 60th anniversary of its Suicide Prevention Center by moving into a new standalone building in Century City. The larger facility allows Didi Hirsch to expand and increase services, enhancing regional outreach and national impact.

Launched in 1958, Didi Hirsch’s Suicide Prevention Center is the first and most comprehensive in the nation and a model for other organizations. It offers a continuum of care for people who are contemplating suicide, coping with the aftermath of an attempt and/or grieving a suicide loss.

The new building was purchased and renovated with support from a capital campaign that had raised more than $16 million toward a $20 million goal by the end of 2018. The new building enables Didi Hirsch to offer individual and family therapy services and to nearly double the number of people who answer the 24/7 multilingual Crisis Line. Growth was critical to meet rising demand, as calls have quadrupled over the past decade.

The Center also trains more than 10,000 students, teachers, faith-based groups, business people and first responders each year to recognize and respond to suicide’s warning signs. It is also developing certified training for mental health professionals to build a larger network of therapists who know how to aid people in a suicidal crisis. The new Center also offers suicide bereavement support groups for teens.

“The building is the only one in California, and probably the nation, with a sign on it that says Suicide Prevention Center. It’s time suicide is up front and center, just like other health issues.” says Didi Hirsch President/CEO Dr. Kita S. Curry.
The 2018 Erasing the Stigma Leadership Awards honored singer/songwriter Rick Springfield, actor Oliver Platt, former L.A. Charger Joseph Barksdale and Lady Gaga's Born This Way Foundation. The evening’s 640 guests raised $721,413 to support Didi Hirsch’s mental health and substance use services for low-income families in Southern California and its suicide prevention services, which reach nationwide.

Springfield received the Beatrice Stern Media Award for his work as a mental health advocate who frequently speaks about his depression and suicide attempt as a teen. Platt garnered a Leadership Award for his sensitive portrayal of a psychiatrist on NBC’s Chicago Med. Barksdale, who tackles the stigma of mental illness through honest talks about his struggles with depression and suicidal thoughts, received a Mental Health Ambassador Award.

The Born This Way Foundation was also recognized with a Leadership Award for its work educating youth about the stigma of mental illness and advocating against bullying and teen suicide. Cynthia Germanotta, who co-founded the foundation with her pop star daughter, Lady Gaga, accepted the award.

Board Member Laura Ornest chaired the event, held at the Beverly Hilton Hotel. In addition to marking the Suicide Prevention Center’s 60th anniversary, the proceedings launched a capital campaign to relocate to a new building with greater capacity to meet the growing need for services.

“When I asked everyone in the audience who knew someone who had attempted or died by suicide to stand, almost everyone did. That shows what an incredible impact our honorees and presenters are making in the world!” — Didi Hirsch President/CEO Kita S. Curry, PhD

Donors set new record for Didi Hirsch at 22nd Annual Erasing the Stigma Awards

The 2018 Erasing the Stigma Leadership Awards honored singer/songwriter Rick Springfield, actor Oliver Platt, former L.A. Charger Joseph Barksdale and Lady Gaga’s Born This Way Foundation. The evening’s 640 guests raised $721,413 to support Didi Hirsch’s mental health and substance use services for low-income families in Southern California and its suicide prevention services, which reach nationwide.

Springfield received the Beatrice Stern Media Award for his work as a mental health advocate who frequently speaks about his depression and suicide attempt as a teen. Platt garnered a Leadership Award for his sensitive portrayal of a psychiatrist on NBC’s Chicago Med. Barksdale, who tackles the stigma of mental illness through honest talks about his struggles with depression and suicidal thoughts, received a Mental Health Ambassador Award.

The Born This Way Foundation was also recognized with a Leadership Award for its work educating youth about the stigma of mental illness and advocating against bullying and teen suicide. Cynthia Germanotta, who co-founded the foundation with her pop star daughter, Lady Gaga, accepted the award.

Board Member Laura Ornest chaired the event, held at the Beverly Hilton Hotel. In addition to marking the Suicide Prevention Center’s 60th anniversary, the proceedings launched a capital campaign to relocate to a new building with greater capacity to meet the growing need for services.

“When I asked everyone in the audience who knew someone who had attempted or died by suicide to stand, almost everyone did. That shows what an incredible impact our honorees and presenters are making in the world!” — Didi Hirsch President/CEO Kita S. Curry, PhD

NFL offensive lineman Joe Barksdale received the Mental Health Ambassador award for his work tackling the stigma of mental illness.

Soap opera star Doug Davidson presented the Beatrice Stern Media Award to his pal, musician/actor Rick Springfield.

Presenter Nick Gehlfuss and Board Member/Event Chair Laura Ornest flank actor Oliver Platt, who received a Leadership Award.

Taryn Bird presents a Leadership Award to Born This Way Foundation co-founder Cynthia Germanotta, mother of Lady Gaga.

On the red carpet: (L-R) Board Chair Christopher J. Harrer, Tiffany Harrer, PsyD, Kita S. Curry, PhD, Board Secretary Charlotte W. Fletcher, PhD, and Jeremy Fletcher.

Comedian Wendy Liebman brought humor and heart to the event as emcee for the second time since 2015.
Alive & Running 5K for Suicide Prevention speeds past goal while supporting survivors of loss and attempts

With 2,400 participants, the 20th annual Alive & Running Walk/Run for Suicide Prevention achieved a personal best by raising $448,846. Comedy director Dennis Dugan acted as emcee, with dance star Derek Hough speaking and Youtube music sensation Alex Boyé performing. Power 106 FM and Los Angeles magazine served as media partners.

Voice actress Julianne Grossman-Deme, a suicide attempt survivor, announced the names of runners and teams as they crossed the finish line. Board Members and Event Co-Chairs Andrew Rubin and Pamela Kluft presented the Corporate Hero Award to First Republic Bank; the Heroes of Hope Award to Lyda Eddington, Mary Halligan, Cynthia Kolodny, April Kubachka, Greg Santilli and Laurie Woodrow; and the Media Hero Award to Power 106 and its affiliates KDAY and KWHY-TV. The 2018 Alive & Running event came just months after the suicides of fashion designer Kate Spade and celebrity chef Anthony Bourdain, which — along with an alarming study showing that suicide has risen 28 percent since 1999 — spurred an unprecedented number of calls to Didi Hirsch’s Suicide Prevention Crisis Line.

Proceeds from the event keep the 24/7 Crisis Line running, send staffers to help at the scene of a suicide, bolster training for students and first responders, and fund support groups for people who have attempted suicide or are grieving a loss.

Guest speaker Derek Hough (middle) poses with Event Co-Chairs Andrew Rubin and Pamela Kluft.

Serving as Emcee for his second time, director Dennis Dugan warms up the crowd.

Power 106 provided an interactive photo mosaic wall made with Instagram posts tagged #aliveandrunning.

The Los Angeles Fire Department marched in step across the finish line.

Alex Boyé kicks off the event with a riveting performance of his suicide prevention anthem “Bend Don’t Break.”

The Heroes of Hope recipients pose with their awards.

ALIVE & RUNNING
5K Walk/Run for Suicide Prevention

Thanks to our Top Teams!

<table>
<thead>
<tr>
<th>Team Name</th>
<th>Team Captain</th>
<th>Raised</th>
</tr>
</thead>
<tbody>
<tr>
<td>Team Fletcher</td>
<td>Charlotte W. Fletcher</td>
<td>$33,090</td>
</tr>
<tr>
<td>SPC LifeForce</td>
<td>Shawn Silverstein</td>
<td>$30,640</td>
</tr>
<tr>
<td>Chairman’s Mayo</td>
<td>Andrew E. Rubin</td>
<td>$20,621</td>
</tr>
<tr>
<td>Team Beth</td>
<td>Pamela Kluft</td>
<td>$17,983</td>
</tr>
<tr>
<td>Team Andy</td>
<td>Susan Hoffman Hyman</td>
<td>$12,668</td>
</tr>
<tr>
<td>#RememberAaron</td>
<td>Sherry Yanagisawa</td>
<td>$12,290</td>
</tr>
<tr>
<td>The Scooty Fund</td>
<td>Kasey Taylor</td>
<td>$10,035</td>
</tr>
<tr>
<td>LightHopeLife</td>
<td>Michael Rexford</td>
<td>$10,000</td>
</tr>
<tr>
<td>Brothers &amp; Sons</td>
<td>Kim Kowsky</td>
<td>$8,583</td>
</tr>
<tr>
<td>Team Julian</td>
<td>Julia Asea-Boyle</td>
<td>$7,533</td>
</tr>
</tbody>
</table>
Dear Friends,

Each hour of every day, Didi Hirsch helps improve—and often save—lives in communities throughout Los Angeles and Orange Counties. Meanwhile, our Crisis Line reaches nationwide. In every initiative, the impact achieved by our dedicated staff and volunteers under Kita Curry’s leadership is profound.

With therapists at 10 centers, nearly 100 schools and community settings including Skid Row, Didi Hirsch is a crucial part of society’s safety net. We also strive to stop that net from fraying as budget cutbacks eat away at vital services for the most vulnerable among us. Most of the children and adults we help live at or below the poverty line. We serve diverse constituencies as well. More than 75 percent of people turning to us are people of color. Also, while addiction and mental health issues know no age, almost half of those we aid are under 25. Research shows that, the earlier the intervention, the better the outcomes.

Everyone at Didi Hirsch is committed to better outcomes in the form of happier lives free of stigma. A particular area of effectiveness has been our approach to integrated health care. Didi Hirsch’s strategy includes reducing the risk of premature death by offering interdisciplinary care for the body alongside our mental health services. We accomplish this by offering on-site medical services as well as by providing health coaches and wellness groups. We also do it with the help of grants from organizations like Saint John’s Health Center Foundation and Cedars Sinai Behavioral Health Initiative and through partnerships with providers such as Providence Saint Joseph Medical Center and the Westside Family Health Center.

As a result, we were able to triple the number of health screenings for clients in 2018. In addition, we connected 100 percent of clients in need of a primary care provider with one. Further, 57 percent of our clients reduced their number of emergency room visits.

Finally, as this is the 60th anniversary of Didi Hirsch’s pioneering suicide prevention services, I want to discuss the terrific step forward we took in 2018. A few years earlier, knowing that the Suicide Prevention Center had outgrown the space it shared with other programs, my fellow board members and I secured tax-exempt financing to launch a capital campaign aimed at moving it to a standalone location. The daunting process included finding the ideal building with a central location and enough capacity for staff and the 200 volunteers who diligently staff our crisis line.

This initiative has enabled us to expand our range of services to include individual and family therapy and support groups for teens touched by suicide. We are also developing certified training for mental health professionals to better prepare them for working with people undergoing a suicidal crisis.

Thank you to the Board and all donors who made this capital campaign such a rousing success. I also applaud the staff and volunteers who make Didi Hirsch an excellent resource for those in need. Together, at the Suicide Prevention Center’s prominent new location in West Los Angeles and elsewhere, we are erasing the stigma.

Warmly,

Christopher J. Harrer
Chair, Board of Directors

---

**New Board Members Nancy Rubin & Melissa Rivers**

Melissa Rivers is an author, entertainment journalist, award-winning producer and suicide prevention advocate. Author of the *New York Times* bestseller *The Book of Joan: Tales of Mirth, Mischief, and Manipulation*, Melissa starred opposite her mother for four seasons of WE TV’s hit series, *Joan & Melissa: Joan Knows Best?* She also served as the Executive Producer and Co-Host of E!’s *Fashion Police*. She has been passionate about raising awareness about suicide, especially among youth and college students, since her father, television producer Edgar Rosenberg, died by suicide in 1987. She also serves on the Board of the Entertainment Industries Council.

Nancy Hirsch Rubin is a public servant and global champion for human rights, women’s rights, mental health, and social justice. She served as U.S. Ambassador to the United Nations Commission on Human Rights during the Clinton Administration and was a Presidential appointee on the Council for Community Solutions to advance changes for cities’ most urgent needs. She was a Senior Advisor to the State Department for the UN Human Rights Council in the Obama White House, and worked in the Carter Administration. She was the first chair of the National Mental Health Awareness Campaign. She helped fund the effort to make our agency a federally designated community mental health organization, which was renamed after her mother.
## Financial Summary

<table>
<thead>
<tr>
<th></th>
<th>FY 17-18</th>
<th>FY 16-17</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Government Contracts</strong></td>
<td>$40,761,387</td>
<td>$40,652,810</td>
</tr>
<tr>
<td><strong>Contributions and Grants</strong></td>
<td>1,993,778</td>
<td>3,244,461</td>
</tr>
<tr>
<td><strong>United Way</strong></td>
<td>53,658</td>
<td>55,036</td>
</tr>
<tr>
<td><strong>Special Events</strong></td>
<td>509,161</td>
<td>696,746</td>
</tr>
<tr>
<td><strong>Patient Fees</strong></td>
<td>122,590</td>
<td>131,798</td>
</tr>
<tr>
<td><strong>Donated Goods and Services</strong></td>
<td>599,610</td>
<td>598,694</td>
</tr>
<tr>
<td><strong>Other</strong></td>
<td>38,186</td>
<td>38,616</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td>$44,078,370</td>
<td>$45,418,161</td>
</tr>
<tr>
<td><strong>Personnel</strong></td>
<td>$33,497,408</td>
<td>$32,971,247</td>
</tr>
<tr>
<td><strong>Operating Expenses</strong></td>
<td>5,538,076</td>
<td>4,196,914</td>
</tr>
<tr>
<td><strong>Occupancy</strong></td>
<td>3,181,598</td>
<td>3,040,091</td>
</tr>
<tr>
<td><strong>Depreciation</strong></td>
<td>1,504,773</td>
<td>1,756,716</td>
</tr>
<tr>
<td><strong>Donated Goods and Services</strong></td>
<td>599,610</td>
<td>598,694</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td>$44,321,465</td>
<td>$42,563,662</td>
</tr>
<tr>
<td><strong>Excess of Revenue over Expenses</strong></td>
<td>($243,095)</td>
<td>$2,854,499</td>
</tr>
<tr>
<td><strong>Cash and Cash Equivalents</strong></td>
<td>$3,436,687</td>
<td>$5,489,665</td>
</tr>
<tr>
<td><strong>Accounts Receivable/Prepaid</strong></td>
<td>7,406,758</td>
<td>3,799,410</td>
</tr>
<tr>
<td><strong>Pledges Receivable</strong></td>
<td>2,402,400</td>
<td>4,630,499</td>
</tr>
<tr>
<td><strong>Property and Equipment</strong></td>
<td>29,288,454</td>
<td>13,117,366</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td>$42,534,299</td>
<td>$27,036,940</td>
</tr>
<tr>
<td><strong>Accounts Payable/Accrued</strong></td>
<td>$6,305,831</td>
<td>$5,494,793</td>
</tr>
<tr>
<td><strong>Notes Payable</strong></td>
<td>20,177,754</td>
<td>5,375,331</td>
</tr>
<tr>
<td><strong>Capital Lease Obligation</strong></td>
<td>58,610</td>
<td>131,617</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td>$26,742,195</td>
<td>$11,001,741</td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td>15,792,104</td>
<td>16,035,199</td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td>$42,534,299</td>
<td>$27,036,940</td>
</tr>
</tbody>
</table>

Didi Hirsch Mental Health Services is a 501(c)(3) not-for-profit organization. For information on contributions or planned gifts, please contact the Development Department at (310) 751-5455 or development@didihirsch.org.
2018 by the numbers

8,817 children and adults received mental health, substance use and/or residential services.

Our clients:

- 45% Male
- 55% Female
- 67% Adults
- 33% Children & Teens
- 96% of parents satisfied with child’s treatment

101,010 calls, chats, texts

- 3,361 High-risk callers/chatters rescued
- 46% callers under age 25
  - Age of Youngest Caller: 6
  - Age of Oldest Caller: 97
- 100% of our suicide loss survivors would recommend our services
- 10% of all calls on the Crisis Line were in Spanish

19,194 first responders, faith & community group members, students, parents and teachers trained

129,021 total served

- Latino 46%
- African American 25%
- White 23%
- Asian/Pacific Islander 3%
- Other 3%
Didi Hirsch Legacy Society

The Board of Directors gratefully acknowledges an extraordinary group of individuals whose bequests and other estate gifts ensure access to mental health, substance use and suicide prevention services for generations to come.

**Legacy Society Founders**

_Honoring those who have made planned gift commitments of $1,000,000 or more_

Michael Becker  
Cynthia Chaillie Marchant  
Andrew E. Rubin

**Legacy Society Members**

Carley L. Bonds, MD  
Anette R. Brown  
Linda Carpenter  
Kita S. Curry, PhD, and Peter W. Curry  
Linda and Martin J. Frank  
Kate Zimmerman Geismar  
Julianne Grossman-Deme  
Todd Hays  
Sharon Kopman and Jason Kay Trust  
Janine and Henry Lachstein  
Francine Chandler Righter  
Richard Ross, PhD  
Joel Safranek  
Jilliene F. Schenkel  
Susan Goran Sobel  
Lisa and Michael C. Wierwille

**In Memoriam**

Robert E. Emerson  
Gerald Geismar  
Edna H. Larkin  
Stanley D. Lelewer  
Louise E. Light and Max Silver  
Alexandra M. McAfee  
and Michael McAfee  
Judith Anne Phillips  
Guy Righter  
Marjorie J. Schoenberg  
Terrence V. Scott  
Eileen J. Vogt

**The Tony Ross Memorial Fund**

_Created through the generosity of his father, Richard Ross_

**2018 DONATIONS**

**$100,000 and above**

The Ahmanson Foundation  
Everychild Foundation  
W.M. Keck Foundation  
The Nickoll Family  
The Ralph M. Parsons Foundation  
Richard Ross, PhD  
Nancy and Miles Rubin  
Estate of Terrence V. Scott  
UniHealth Foundation  
Jean and Lewis Wolff Family Foundation

**$25,000 - $99,999**

Anonymous  
The Berman Family Trust  
Cedars-Sinai Medical Center  
Fletcher Family Foundation  
Linda and Martin J. Frank  
Thomas J. Han, DDS, FACP  
Gail Kamer Lieberfarb and Warren Lieberfarb  
Laura Ornest/Ornest Family Foundation  
Jeanne Phillips and Walter Harris/Jay and Rose Phillips Family Foundation of Minnesota  
Andrew E. Rubin  
The Skylight Foundation  
United Way of Greater Los Angeles

**$10,000 - $24,999**

Anonymous  
Beacon Capital Partners, LLC  
Create Advertising Group, LLC  
Kita S. Curry, PhD, and Peter W. Curry  
Dalio Foundation  
First Republic Bank  
Jami and Nikolaus Heidegger  
Heidrick & Struggles  
Conrad N. Hilton Foundation  
Suzanne and Ric Kayne  
Pamela and Earl Kuff  
Las Candelas  
Janine and Henry Lichstein  
LightHopeLife, Inc.  
Kathleen and Dean Rasmussen  
The Honorable Vicki Reynolds and Murray Pepper, PhD  
Andrew Rosen  
The Scooty Fund  
SSI Advanced Post Services, LLC  
Katrina vanden Heuvel  
Lisa and Michael C. Wierwille
THE CAMPAIGN FOR THE
DIDI HIRSCH SUICIDE PREVENTION CENTER

$2 Million +
Fletcher Family Foundation
Los Angeles County Department of Mental Health

$1 Million
Everychild Foundation
Kate Zimmermann Geismar and Gerald G. Geismar
The Nickoll Family
Linda Carpenter and Richard Ross, PhD
Nancy and Miles Rubin

$500,000 - $999,999
The Ahmanson Foundation
W.M. Keck Foundation
Janine and Henry Lichstein
The Ralph M. Parsons Foundation

$250,000 - $499,999
Alexandrina McAfee Foundation
Louise and Paul Greenberg
The Stone Family Fund

$100,000 - $249,999
The Berman Family Trust
Stanley and Joyce Black Family Foundation
Linda and Martin J. Frank
Gerald Light Goldstein Trust
Cathy and Jeff Kalmick
Loss and David Kalmick
Gail Kamer Lieberfarb and Warren Lieberfarb
Laura Ornest/Ornest Family Foundation
The Honorable Vicks Reynolds Pepper and Murray Pepper, PhD
Estate of Terrence V. Scott
Jean and Lewis Wolff Family Foundation

$25,000 - $99,999
Kita S. Curry, PhD and Peter W. Curry
Janet Dreisen Rappaport
Mimi and Carlos E. Garcia
Pamela Klut\nThe Launder Foundation
Andrew Rosen
Andrew E. Rubin
The Skylight Foundation
Anne and Philip Strauss, CPA
Lisa and Michael C. Wierwille

THE CAMPAIGN FOR THE
DIDI HIRSCH SUICIDE PREVENTION CENTER

$10,000 - $24,999
Aileen Adams and Geoffrey Cowan/
Adams Cowan Foundation
Anonymous
Conrad N. Hilton Foundation
Create Advertising Group, LLC
Irene and Rudolph Estrada
Phyllis and Sam Feder
Thomas J. Han, DDS, FACD
Tiffany and Christopher Harrer
Jami and Nikolaus Heidegger
Lisa and Lew Horne
Jim Kaye and Kim Rubin
Adam and Chantal Beetschi-Kaye
Art Kaye
David F. Shaw
Katrina vanden Heuvel
Mary and Jeffery Zients

$1,000 - $9,999
Adrienne and Matthew Allnatt
Magalie Alvarez
Shawn Amos
Susan Auerbach and Brian Langholz
Brionna and Joe Barksdale
Born This Way Foundation
Judy and Bernard Briskin
Renee and Harold Brook
The Brown Family
Mavis and Chuck Chan
David Clyde
Toni and Bruce Corwin
Ann and Dick Costello
Pamela Farkas
First Republic Bank
Flannery Productions / Judd Apatow
Ricardo Fortier
Brett Furrer
Judith and Charles Goldman
Susan Goran Sobel
Alison and Gerard Greenberg
Myrna and Stephen D. Greenberg
Nina Gutin, PhD
Kelli and Dean Hallett
Mr. and Mrs. Grafton S. Harper
Pauline and William Henry
Linda Jaeger
Judith Jenkins
Emily and Scott Kalt
Dana Kiesel, PhD, and Paul Kiesel
Daniel Kravitz
Daphna Krim
Christine Le Pera

Lyn and Norman Lear
Jessica and Michael McConahey
Lucy McCoy and Paul Bacaglupo
Amena and Brandon Mebane
Lisa and Alvin Michaelson
Chuck Orntner
Susan and Alan Patricof
Jennifer Perry
Lisa Petrazzolo and Emile Gladstone
Michelle Post
Brian and Green Potker Fund
Ralph L. Smith Foundation, UMB Bank, n.a., Trustee
Susan and Arthur Rebell
Bill Resnick and Michael J. Stubbs
Murphy and Ed Romano
Rossi Family Foundation
Jon M. Rubin
Todd M. Rubin
Roger Sant
Ann and Greg Santilli
Ann and Tom Schulhof
Shana and Scott Silveri
Create Advertising / David Stern
Farrah Summerford
Juan Tan
Christine Taylor
The William Wurzak Foundation
Jean and John Toh, MD
Shana Weiss and John Silva
Sherry and Albert Yanagisawa
Cheri Rendt Yousem
Anton Zaslavski/Zedd

Dana Kiesel, PhD, and Paul Kiesel
Daniel Kravitz
Daphna Krim
Christine Le Pera

Lyn and Norman Lear
Jessica and Michael McConahey
Lucy McCoy and Paul Bacaglupo
Amena and Brandon Mebane
Lisa and Alvin Michaelson
Chuck Orntner
Susan and Alan Patricof
Jennifer Perry
Lisa Petrazzolo and Emile Gladstone
Michelle Post
Brian and Green Potker Fund
Ralph L. Smith Foundation, UMB Bank, n.a., Trustee
Susan and Arthur Rebell
Bill Resnick and Michael J. Stubbs
Murphy and Ed Romano
Rossi Family Foundation
Jon M. Rubin
Todd M. Rubin
Roger Sant
Ann and Greg Santilli
Ann and Tom Schulhof
Shana and Scott Silveri
Create Advertising / David Stern
Farrah Summerford
Juan Tan
Christine Taylor
The William Wurzak Foundation
Jean and John Toh, MD
Shana Weiss and John Silva
Sherry and Albert Yanagisawa
Cheri Rendt Yousem
Anton Zaslavski/Zedd
Didi Hirsch receives critical funding from many outstanding national, regional and local agencies and organizations. Their support helps us provide high quality mental health, substance use and suicide prevention services throughout the community.

INTEGRATED CARE

Saint John’s Health Center Foundation $100,000
Allowed us to adopt a health care registry, build partnerships with primary care providers to increase client access to healthcare, and hire a program coordinator to ensure better communication between physical and mental health providers. Also provides funds for monitoring clients’ vitals, diabetes testing and health coaching.

Cedars-Sinai Behavioral Health Initiative $75,000
Supports a partnership with Westside Family Health Center so we can train Didi Hirsch staff to help clients manage smoking, exercise, nutrition and other behaviors that affect their mental and physical health.

CHILD & FAMILY

Emergency Food and Shelter Partnership $48,305
Defrays costs of sheltering homeless women who are struggling with trauma, mental illness and substance use issues and their young children at Via Avanta for a year.

UniHealth Foundation $300,000
Provides funding over two years to screen 200 at-risk children under the age of six who have been exposed to trauma using an innovative screening tool. The program also provides developmental assessments to ensure targeted interventions and referrals, and educates community members and healthcare providers to seek care for young children exposed to trauma.

Las Candelas $10,000
Supports teen offerings at Didi Hirsch Glendale such as support groups and an annual Teen Summit.

DISASTER DISTRESS RELIEF

SAMHSA $137,500
Provides funding over three years to support Didi Hirsch’s role as one of three Core Region Call Centers for the national Disaster Distress Helpline, which receives calls from throughout the U.S. Didi Hirsch is the only one that provides services 24/7 in English and Spanish.

SUICIDE PREVENTION

Everychild Foundation $1,000,000
Funded the Everychild Suicide Prevention Program, which focuses on youth under 24 and their families, including crisis intervention, therapy and support, and training and education. Included funds to upgrade equipment, technology and related furnishings for the Crisis Line.

The Ahmanson Foundation $500,000
Provided capital funds for the purchase of a new home for our Suicide Prevention Center to increase crisis services, support groups and training throughout the community.

W.M. Keck Foundation $500,000
Provided capital funds for the purchase of a new home for our Suicide Prevention Center to increase crisis services, support groups and training throughout the community.

The Ralph M. Parsons Foundation $500,000
Provided capital funds for the purchase of a new home for our Suicide Prevention Center to increase crisis services, support groups and training throughout the community.

Max Factor Family Foundation $20,000
Supported the development of a curriculum for youth bereavement support groups.
Special Thanks
Charity Angels
Delta Air Lines
Houston/Tyner
Los Angeles magazine
Morrison & Foerster LLP
Power 106
Shelter Partnership, Inc.
Robert Zigman/
Jensen-Zigman Construction

Thank you to all of our dedicated volunteers who provided **22,087** hours of service in 2018, and to our **553** employees. We couldn’t do it without you!

Artwork reminds us there can be hope and healing after suicide

Pamela Kluft, Vice Chair of Didi Hirsch’s Board of Directors, wasn’t in the mood to celebrate her birthday but wanted to do something in memory of her sister, Beth Hess, who died by suicide in 2012.

When artist Ed Massey offered to design an artwork for Didi Hirsch’s new Suicide Prevention Center that would be painted by survivors of suicide loss and attempts, she knew she had found her project.

With her support, Didi Hirsch partnered with Massey’s non-profit Portraits of Hope to create the public art piece.

More than 60 children and adults, all of whom were either bereaved by suicide or had survived an attempt, gathered in Massey’s art studio in Redondo Beach to share their stories and to paint the three-story-tall canvas in December.

Shortly after staff moved into the new building, Board Member Melissa Rivers and suicide prevention advocate Ronda Rousey helped unveil the banner before a large crowd of survivors and camera crews.

The artwork reminds all who enter that there can be healing and hope after suicide.

A large artwork by the front door of the Center reminds all who enter there is hope after suicide.
We Are Funded By

California Department of Health Care Services
FEMA National Board—Emergency Food and Shelter Program
Los Angeles County Department of Mental Health
Los Angeles County Department of Public Health
Orange County Health Care Agency
EXE C U T I V E T E A M

PRESIDENT/CEO
Kita S. Curry, PhD

SENIOR VICE PRESIDENT OF CLINICAL OPERATIONS
Lyn Morris, LMFT

CHIEF FINANCIAL OFFICER
Howard Goldman

VICE PRESIDENT OF HUMAN RESOURCES
Nick Bacon

VICE PRESIDENT OF QUALITY & INNOVATION
Kristine Santoro, PhD

MEDICAL DIRECTOR
Donovan Wong, MD

VICE PRESIDENT OF DEVELOPMENT
Joel Wyatt

Didi Hirsch 2018 Annual Report
Editor  Kim Kowsky
Designer  Joey Buda
Writers  Randy Cohen
         Susan Wampler
Photographers  Carla Blumenkrantz
               Eric Charbonneau
               Donato Sardella
Printer  Weber Printing Co.
Mission Statement
Since 1942, Didi Hirsch has transformed lives by providing quality mental health, substance use and suicide prevention services in communities where stigma or poverty limits access.

We value care that is:
- Accessible
- Comprehensive
- Collaborative
- Innovative
- Accountable
- Committed

www.didihirsch.org
4760 S. Sepulveda Blvd, Culver City, CA 90230
Development Office: 310-751-5455