Dear Friends,

Every family faces setbacks. Sometimes we can weather them on our own. Sometimes, without help, those setbacks can lead to lasting, even life-threatening problems.

Didi Hirsch has been a safety net for families in Southern California for nearly 75 years. Whether they call our Suicide Prevention Center, receive therapy in our clinics, see a therapist at school or move into one of our residential treatment centers, children and adults find the help they need at Didi Hirsch.

The safety net has become even stronger thanks to the Affordable Care Act (ACA). With its rollout, millions of impoverished adults under 65 became eligible for health insurance through Medicaid. And, the ceiling on the allowable income of impoverished families was raised. What a momentous change. In 2015 alone, we served over 1,700 newly insured children and adults.

Although coming to fruition more slowly, the ACA also opens up access to care for millions of Americans with substance use disorders. They have been the most underfunded of all diseases; according to a national survey, less than 11% of those with substance use disorders receive treatment. We celebrate the growing acceptance that substance use is a disease, not a moral failing.

Didi Hirsch has approached our clients’ care with an integrated approach for years. To address the often-neglected medical needs of our clients, South Bay Family Health Care and Westside Family Health Center send health practitioners to our Inglewood and Culver City Centers respectively. To promote the mental health of women receiving residential substance use treatment at Via Avanta, we built a mental health clinic on site.

When you read about the transformations in the lives of the clients featured in our 2015 Annual Report, imagine their lives without the care that tended to all their needs.

Yes, there’s much to celebrate, not the least of which is you. Every time you make a gift to Didi Hirsch, volunteer your time, or spread the word about what we do, you strengthen the safety net. And our communities are the better for it.

Warmly,

Carlos Garcia
Chair, Board of Directors

Kita S. Curry, PhD
President/CEO

“The test of our progress is not whether we add more to the abundance of those who have much; it is whether we provide enough for those who have too little.”

- Franklin Delano Roosevelt

Dear Friends,

Every family faces setbacks. Sometimes we can weather them on our own. Sometimes, without help, those setbacks can lead to lasting, even life-threatening problems.

Didi Hirsch has been a safety net for families in Southern California for nearly 75 years. Whether they call our Suicide Prevention Center, receive therapy in our clinics, see a therapist at school or move into one of our residential treatment centers, children and adults find the help they need at Didi Hirsch.

The safety net has become even stronger thanks to the Affordable Care Act (ACA). With its rollout, millions of impoverished adults under 65 became eligible for health insurance through Medicaid. And, the ceiling on the allowable income of impoverished families was raised. What a momentous change. In 2015 alone, we served over 1,700 newly insured children and adults.

Although coming to fruition more slowly, the ACA also opens up access to care for millions of Americans with substance use disorders. They have been the most underfunded of all diseases; according to a national survey, less than 11% of those with substance use disorders receive treatment. We celebrate the growing acceptance that substance use is a disease, not a moral failing.

Didi Hirsch has approached our clients’ care with an integrated approach for years. To address the often-neglected medical needs of our clients, South Bay Family Health Care and Westside Family Health Center send health practitioners to our Inglewood and Culver City Centers respectively. To promote the mental health of women receiving residential substance use treatment at Via Avanta, we built a mental health clinic on site.

When you read about the transformations in the lives of the clients featured in our 2015 Annual Report, imagine their lives without the care that tended to all their needs.

Yes, there’s much to celebrate, not the least of which is you. Every time you make a gift to Didi Hirsch, volunteer your time, or spread the word about what we do, you strengthen the safety net. And our communities are the better for it.

Warmly,

Carlos Garcia
Chair, Board of Directors

Kita S. Curry, PhD
President/CEO

“The test of our progress is not whether we add more to the abundance of those who have much; it is whether we provide enough for those who have too little.”

- Franklin Delano Roosevelt

Dear Friends,

Every family faces setbacks. Sometimes we can weather them on our own. Sometimes, without help, those setbacks can lead to lasting, even life-threatening problems.

Didi Hirsch has been a safety net for families in Southern California for nearly 75 years. Whether they call our Suicide Prevention Center, receive therapy in our clinics, see a therapist at school or move into one of our residential treatment centers, children and adults find the help they need at Didi Hirsch.

The safety net has become even stronger thanks to the Affordable Care Act (ACA). With its rollout, millions of impoverished adults under 65 became eligible for health insurance through Medicaid. And, the ceiling on the allowable income of impoverished families was raised. What a momentous change. In 2015 alone, we served over 1,700 newly insured children and adults.

Although coming to fruition more slowly, the ACA also opens up access to care for millions of Americans with substance use disorders. They have been the most underfunded of all diseases; according to a national survey, less than 11% of those with substance use disorders receive treatment. We celebrate the growing acceptance that substance use is a disease, not a moral failing.

Didi Hirsch has approached our clients’ care with an integrated approach for years. To address the often-neglected medical needs of our clients, South Bay Family Health Care and Westside Family Health Center send health practitioners to our Inglewood and Culver City Centers respectively. To promote the mental health of women receiving residential substance use treatment at Via Avanta, we built a mental health clinic on site.

When you read about the transformations in the lives of the clients featured in our 2015 Annual Report, imagine their lives without the care that tended to all their needs.

Yes, there’s much to celebrate, not the least of which is you. Every time you make a gift to Didi Hirsch, volunteer your time, or spread the word about what we do, you strengthen the safety net. And our communities are the better for it.

Warmly,

Carlos Garcia
Chair, Board of Directors

Kita S. Curry, PhD
President/CEO

“The test of our progress is not whether we add more to the abundance of those who have much; it is whether we provide enough for those who have too little.”

- Franklin Delano Roosevelt
A Didi Hirsch psychiatrist literally saved Davera’s life.

She had arrived at her appointment feeling especially weak and tired. Her psychiatrist knew her depression and anxiety were taking a toll, but this seemed different. She ordered a blood test that led to the discovery that Davera had fibroids and was bleeding internally. Her blood loss was so great that, if left untreated, she could have died. “She saved my life,” Davera said.

When Davera came to Didi Hirsch in 2008, she was struggling to overcome a history of abuse as a child, domestic violence, homelessness and thoughts of suicide. But with treatment, medication and a caseworker’s support, she learned how to deal with day-to-day issues she didn’t think she could handle alone. She found a place to live and received financial support to help pay rent and child care while she looked for ways to get back on her feet.

Today, she is pursuing a college degree in business administration at El Camino College and shares her story with others to spread the word that hope and help are available.

“Whenever I needed a friend, Didi Hirsch was there,” Davera said.

MEDICAL FACT:
Serious mental illness can take as much as 24 years off a person’s life—more than the impact of heavy smoking.
IN AMERICA:
More than 6 million men suffer from depression each year.

Carlos struggled for much of his life with periods of intense listlessness—one so bad that he couldn’t get out of bed for six months and had to quit his job as an elementary school teacher. But it wasn’t until he had his first session with a Didi Hirsch therapist at the age of 30 that he learned the cause of his lack of energy: clinical depression.

He began meeting regularly with a therapist and caseworker who helped him secure temporary disability while he took steps toward his recovery. Adopting Didi Hirsch’s holistic approach to wellness, Carlos began incorporating regular exercise, a healthy diet, plenty of rest, meditation and reading into his daily life. With support, treatment and a healthy routine, Carlos found mindfulness, balance and a new job as a sixth-grade teacher.

“Having depression is like living in hell,” said Carlos, who is thrilled to be back at work. “But the people at Didi Hirsch really care and went above and beyond in supporting me. When I hit my lowest point, Didi Hirsch was my lifeline.”

Learning About Depression

“When I hit my lowest point, Didi Hirsch was my lifeline.”
One of the region’s most notorious gangs had his family by the throat: gang members constantly harassed and threatened his tita, his pretty older sister, and then had shot his uncle, who had been like a father to him. Right in front of his eyes. After that, they came around regularly and took the money his mother earned from the shop.

From the time “Javier” hugged mamita goodbye and set out with his teenage sister on their 30-day trek to the American border, to the moment they left the detention center with his cousins, he was full of fear, although he was careful not to show it. He was 9 years old.

In Los Angeles, school was hard. Javier felt like he messed up a lot, especially when speaking English, and got angry at the other kids and teacher. He had trouble making friends and thought a lot about his uncle. When his mother joined them, Javier wondered why it had taken so, so long.

Thousands of children in the Northern Triangle of El Salvador, Honduras, and Guatemala have stories like Javier’s, fueling recent surges in migration to the United States and calls for international protection.

Didi Hirsch received a $50,000 grant from Cedars-Sinai to provide mental health care for traumatized minors who recently immigrated to the U.S. and have nowhere else to turn for help.

“Javier could so easily have fallen through the cracks. The one-on-one attention he gets at Didi Hirsch has made all the difference.”

The feeling of dread surged through the little boy every day.

To Maira, the unaccompanied minors she treats are a source of wonder. “I am learning so much from listening to them,” she tells a visitor. “I am so impressed by their strong drive to get better so they can give back to family in their home countries and here in the U.S. There’s a lesson in that for all of us.”

IN 2015:

About one in five unaccompanied minors were under the age of 13.
Before arriving at Via Avanta, Loeryna had experienced so many traumatic events in her life that she had given up hope. Her relationships went from bad to worse as the mother of four battled depression, drug addiction, domestic violence and a suicide attempt.

It was her nine-year-old daughter who rescued the family from her mother’s abusive boyfriend. Seizing an opportunity to escape, the daughter walked her mother and siblings to a nearby 7-Eleven to get help. Her quick thinking and courage saved them from a dire situation, but Loeryna was wracked with guilt. “I was in a black hole,” Loeryna said. “I let down my kids and myself and wanted to die.”

And then she learned about Didi Hirsch Via Avanta. One of the only residential centers that allow women in treatment for substance use and mental illness to live with their children, Via Avanta offered Loeryna the haven of safety, respect and dignity that she needed to recover. “At Via they told me we’re going to love you until you love yourself. For the first time, I wanted to get better.”

Clean and sober for a year-and-a-half, Loeryna is now a shift leader at her job and enjoys time with her children, who are thriving under her care. “Via gave me self-respect and self-confidence and taught me that I have value,” Loeryna said.

“Via gave me self-respect and self-confidence and taught me that I have value.”

IN LA COUNTY:
Almost half of all homeless families are headed by a single mother who often struggles with mental illness, substance use disorder and trauma.
Ann Taylor’s first suicide attempt came after experiencing divorce and the
death of both of her parents and a close friend in a two-year span. When
a friend accused her of being selfish for putting her family through so much
pain, she decided to keep her feelings to herself—and tried to end her life
several more times over the next five years.

The cycle of shame, silence and suicide attempts
finally ended when Ann joined a support group
developed at Didi Hirsch for people who have
attempted suicide.

With the support of peers who “understand what it’s
like to feel utterly hopeless,” Ann learned new ways
to cope with her stress. After volunteering as a peer
co-facilitator for the groups, she underwent training
to become a crisis counselor on our Crisis Chat
service, which is popular with teenage girls.
“I love this work,” Ann said. “It feels really good to
use what I’ve learned to help others.”

Didi Hirsch’s Survivors of Suicide Attempt support
groups have been so successful that our manual
is now listed on the Suicide Prevention Resource Center’s national Best Practices Registry. Soon, many
other communities in the U.S. and abroad will offer
this life-saving tool.

Ending the Silence

“It feels really good to use what I’ve learned to help others.”
More than 2,100 people walked, ran and volunteered at Didi Hirsch’s 17th Annual Alive & Running 5K Walk/Run for Suicide Prevention, which raised awareness and more than $334,000 for programs that help people affected by suicide.

The largest team, #RememberAaron, was at the heart of this year’s event. In a huge outpouring of love and support, more than 85 family members and friends of Sherry and Albert Yanagisawa carried a large banner in memory of their 14-year-old son who had taken his life just a few months earlier.

Didi Hirsch Board Member Andrew Rubin chaired the record-breaking 5K and presented the Inspiration Award to Board Member Pam Kluft. The Corporate Hero award went to BDO USA, and the Top Fundraiser award went to Board Member Charlotte Fletcher, whose team raised $70,123 for the event.

The 5K was dedicated to Dr. Norman L. Farberow. He co-founded Didi Hirsch’s Suicide Prevention Center in 1958 and died on World Suicide Prevention Day (September 10, 2015)—a day that wouldn’t exist without his contributions.
Former California Senate President pro Tempore Darrell Steinberg shared that hopeful message as he and his daughter, Jordana, were honored at our 19th Annual Erasing the Stigma Leadership Awards on April 27, 2015. The event drew more than 350 guests and raised a record $475,000 for Didi Hirsch Mental Health Services.

Steinberg co-authored the California Mental Health Services Act, which expanded mental health services to millions of Californians. While fighting to pass the groundbreaking legislation, the former legislator struggled in private with Jordana’s mental illness.

Noting that it wasn’t his place to tell his daughter’s story, Steinberg said he was moved when Jordana decided to talk about her experience with childhood mood disorder with a reporter for The Sacramento Bee.

Board Members Shawn Amos and Lisa Petrazzolo co-chaired the event, which was emceed by comedian Wendy Liebman. The program included a moving presentation about stigma, a musical performance by Mary Lambert, and videos featuring Didi Hirsch clients that Amos produced.

Amos, a singer/songwriter who performs under the name The Reverend Shawn Amos, closed the event with an upbeat classic blues set.

Los Angeles Times reporter Steve Lopez presented the Steinbergs with a Leadership Award. Also honored were singer/songwriter Mary Lambert, television personality Howie Mandel, who received the Beatrice Stern Media Award for using the power of media to help erase stigma, and NBA New Orleans Pelicans forward Ryan Anderson. Jeanne Phillips (“Dear Abby”) introduced Ryan’s father, Jack, who accepted the award on his son’s behalf because the Pelicans were in the playoffs.
Lewis C. Horne joined the board of Didi Hirsch in 2015 to fully support our efforts to provide quality mental health services to communities where stigma or poverty limits access to resources. He is dedicated to ensuring that all people who suffer from mental illness can get the help they need. Lewis is president of the Greater Los Angeles-Orange County Region for CBRE, Inc., the leading global provider of commercial real estate services. He and his wife, Lisa, are the parents of four children, among them a son who died by suicide in 2003. “Through our family’s personal experience of loss and our life journey since then, we have become passionate about suicide prevention and supporting efforts to cure mental illness.”

Rudolph I. Estrada first served on the Didi Hirsch Mental Health Services Board from 2003 to 2008 and rejoined it in 2015 when he realized how many people he knew had been touched, directly and indirectly, by mental illness. “If mental illness were simply referred to as ‘brain pain,’ many more people would admit to the affliction,” Rudy said. “This is exactly why ‘erasing the stigma’ is so very important.” Rudy, who lives with depression, is president and chief executive officer of Estradagy, a business and financial services company that provides comprehensive advisory assistance to business, banking and public services sectors. He also serves as the lead director of East West Bancorp, Inc.

Pamela Kluft is a dedicated community volunteer and philanthropist who joined Didi Hirsch’s Board in 2015 to help promote suicide prevention and support the agency’s efforts to erase the stigma of mental illness. After her sister, Beth Joy Hess, died by suicide in 2012, she found comfort in Didi Hirsch’s Survivors After Suicide program. “I was stunned by how many people confided in me they had also lost someone to suicide but never felt comfortable talking about it.” Her sister suffered from depression but hid her pain from her loved ones. “I want to be a voice for my sister and the many other people who have taken their own lives, and be a comfort to those who have survived the loss of a loved one.”
### Financial Summary

<table>
<thead>
<tr>
<th></th>
<th>FY 14-15</th>
<th>FY 13-14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Government Contracts</td>
<td>$40,458,788</td>
<td>$38,695,923</td>
</tr>
<tr>
<td>Contributions and Grants</td>
<td>$2,898,362</td>
<td>$1,939,608</td>
</tr>
<tr>
<td>United Way</td>
<td>$52,086</td>
<td>$53,228</td>
</tr>
<tr>
<td>Special Events</td>
<td>$422,403</td>
<td>$242,014</td>
</tr>
<tr>
<td>Patient Fees</td>
<td>$103,827</td>
<td>$63,784</td>
</tr>
<tr>
<td>Donated Goods and Services</td>
<td>$516,782</td>
<td>$458,740</td>
</tr>
<tr>
<td>Other</td>
<td>$26,481</td>
<td>$22,776</td>
</tr>
<tr>
<td>(Loss) on sale of donated property</td>
<td>$(61,736)</td>
<td></td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$44,416,993</strong></td>
<td><strong>$41,476,073</strong></td>
</tr>
<tr>
<td>Personnel</td>
<td>$31,564,355</td>
<td>$29,783,696</td>
</tr>
<tr>
<td>Operating</td>
<td>$5,728,011</td>
<td>$6,163,160</td>
</tr>
<tr>
<td>Occupancy</td>
<td>$2,934,402</td>
<td>$2,930,556</td>
</tr>
<tr>
<td>Depreciation</td>
<td>$1,441,515</td>
<td>$1,292,461</td>
</tr>
<tr>
<td>Donated Goods and Services</td>
<td>$516,782</td>
<td>$458,740</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$42,185,065</strong></td>
<td><strong>$40,628,613</strong></td>
</tr>
<tr>
<td><strong>Excess of Revenue over Expenses</strong></td>
<td><strong>$2,231,928</strong></td>
<td><strong>$847,460</strong></td>
</tr>
<tr>
<td>Cash and Cash Equivalents</td>
<td>$4,136,281</td>
<td>$2,809,044</td>
</tr>
<tr>
<td>Accounts Receivable/Prepaid</td>
<td>$3,515,030</td>
<td>$2,566,459</td>
</tr>
<tr>
<td>Donated Property Held for Sale</td>
<td>-</td>
<td>$317,052</td>
</tr>
<tr>
<td>Property and Equipment</td>
<td>$15,262,971</td>
<td>$12,764,393</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$20,914,282</strong></td>
<td><strong>$18,456,948</strong></td>
</tr>
<tr>
<td>Accounts Payable/Accrued</td>
<td>$5,495,608</td>
<td>$5,109,340</td>
</tr>
<tr>
<td>Notes Payable</td>
<td>$5,806,396</td>
<td>$6,108,874</td>
</tr>
<tr>
<td>Capital Lease Obligation</td>
<td>$141,616</td>
<td>-</td>
</tr>
<tr>
<td><strong>Total Liabilities</strong></td>
<td><strong>$11,443,620</strong></td>
<td><strong>$11,218,214</strong></td>
</tr>
<tr>
<td><strong>Net Assets</strong></td>
<td><strong>$9,470,662</strong></td>
<td><strong>$7,238,734</strong></td>
</tr>
<tr>
<td><strong>Total Liabilities and Net Assets</strong></td>
<td><strong>$20,914,282</strong></td>
<td><strong>$18,456,948</strong></td>
</tr>
</tbody>
</table>

Didi Hirsch Mental Health Services is a 501(c)(3) not-for-profit organization. For information on contributions or planned gifts, please contact the Development Department at (310) 390-6612 or development@didihirsch.org.
2015 by the numbers

**87 cents**
of every dollar received
goes directly to services

**Mental Health Services**

9,198 individuals

- Latino: 40%
- White: 29%
- African American: 25%
- Asian/Pacific Islander: 2%
- Other: 4%

Clients under age 18: more than one third

We treat children in nearly 100 schools

3 of 4 youth surveyed improved their coping skills

93% of adult clients surveyed would recommend Didi Hirsch to a friend or family member

**Suicide Prevention Center**

70,512 calls, chats, texts

3x more
Spanish, Korean and Vietnamese calls since 2011

- 36% callers with past suicide attempts
- 42% callers and texters were under the age of 25

**Outreach and Education**

17,986 people learned about drugs, alcohol, suicide and depression

**TOTAL Served** 97,696
Didi Hirsch Legacy Society

The Board of Directors gratefully acknowledges an extraordinary group of philanthropists whose bequests and other estate gifts ensure access to mental health, substance use and suicide prevention services for generations to come.

Legacy Society Founders
Honoring those who have made planned gift commitments of $1,000,000 or more

Michael Becker
Cynthia Chaillie Marchant
Andrew E. Rubin

Legacy Society Members
Curley L. Bonds, MD
Anette R. Brown
Kita S. Curry, PhD and Peter W. Curry
Linda and Martin J. Frank
Julianne Grossman
Todd Hays
Sharon Kopman and Jason Kay Trust
Janine and Henry Lichstein
Francine Chandler Righther
Richard Ross
Joel Safranek
Jilliene F. Schenkel
Terrence V. Scott
Susan Goran Sobel
Lisa and Michael C. Wierwille

In Memoriam:
Robert E. Emerson
Gerald Geismar
Edna H. Larkin
Stanley D. Lelewer
Max Silver and Louise E. Light
Judith Anne Phillips
Guy Righther
Marjorie J. Schoenberg
Eileen J. Vogt

The Tony Ross Memorial Fund
Created through the generosity of his father, Richard Ross

$100,000 and above
W. M. Keck Foundation
The Ralph M. Parsons Foundation
The Ahmanson Foundation

$25,000 - $99,999
California Community Foundation
Cedars-Sinai Medical Center
Fletcher Family Foundation
Jamie and Nikolaus Hedegger
National Suicide Prevention Lifeline
The Nickoll Family
Ronda Rousey
Nancy and Miles Rubin
United Way of Greater Los Angeles

$10,000 - $24,999
Beacon Capital Partners, LLC
Breen Family Trust
Tamara and John Brown
Kita S. Curry, PhD and Peter Curry
East West Bank
Flanny Productions
Linda and Martin J. Frank
Conrad N. Hilton Foundation
Pamela and Earl Klutt
Gail Kamer Lieberfarb and Warren Lieberfarb
Matthew Silverman Memorial Foundation
Merle and Peter Mullin
Laura Ornest/Ornest Family Foundation
Jeanne Phillips and Walter Harris/
Jay and Rose Phillips Family Foundation of Minnesota
Lynda and Stewart Resnick
Sharon and Nelson Rising
Richard Ross, PhD
Todd M. Rubin
Andrew E. Rubin
Sidney Stern Memorial Trust/Peter H. Hoffenberg
Beth Whitehead and John Rogers
Ruth/Allen Ziegler Foundation

2015 DONATIONS
$500 - $999 (continued)

Jeremy Lucey, MD
Dede and William Mandel, MD
Cynthia and Vince Marchant
Mary and Steve Meadow
Donald Meland, MD
Lauren Miller
Lee and Ron Miller
Carol and Jerome Muchin
Music for the Masses Entertainment, Inc.
Debra J. Myers
NAMI Westside L.A.
Edward Nenedzhyan
Harley Neuman
Edward Cohen
Cheryl Cohen
Alan J. Cohen
Serena Chen
Carole and Allan Chasin
Vicki Roma
Melissa Coggins, LCSW
Shelley Baron
Cynthia M. Chen
Carol姊 and Allan Chasin
Kristen and Steve Tellez
 Turning Point
Community Programs
Deborah and Grant Uba
Verdugo Clinic Pharmacy
Vista del Mar Child and Family Services
Miriam and Chuck Vogel
Jim and Tyler Warnock
Maggie and Dan Wells
Katharine Werber-McEwen
and Larry McEwen
Whittlumore & Associates
Lisa Wolff
Wonderful Giving
Laurie Woodrow
Christina Yi

$250 - $499 (continued)

Connie Hunt
Dolores Hyams
Carol Hyman
Susan Igdaloff
Susan Isaacoff
Susan and Mark Jay
Roberto Jimenez
Evelyn B. Johnson
Allison Jones
Tupper Jones
Mr. and Mrs. Jack Jones
JP Morgan Chase & Co.
Marcia Justman
Daniel Kane
Kathleen Kaplan
Linda Karchem
Robert Karns
Terry Kasuyama
Stan Katz, PhD
Keltler Family Foundation
Kiwanis Club of La Canada AM
Daniel Klein
Lisa Klein
Kimberly and David Kluth
Liz and Jeff Koppelman
Kimberly and Jonathan Schulhof
Noni Segal
Sonia and George Segal
Julie and Gregg Seltzer
Sandra Singer
Victoria Ann Sofos
Carolyn Speigel
Sheri Stark
Audrey and Barry Starling/
Iron Horse Vineyards
Deborah and Ellis Stern
Sandy and Jon Stern
Kara and Todd Sugimoto
Thermal Concepts
Patty and Miko Tracy

UCLA Department of Psychiatric/
Behavioral Sciences
Unitarian Universalist Community
Church of Santa Monica
Patrick Warburton
Leslie and Mark Workman
Karen and Jerry West
Lori and Tim Wilson
Bryan Wolf
Cheri Renfro Yousem
Harry A. Zinn

Patty and Mike Tracy
Thermal Concepts
Sandy and Jon Stern
Audrey and Barry Starling/
Sheri Stark
Carolyn Spiegel
Victoria Ann Sofos
Carolyn Speigel
Sheri Stark
Audrey and Barry Starling/
Iron Horse Vineyards
Deborah and Ellis Stern
Sandy and Jon Stern
Kara and Todd Sugimoto
Thermal Concepts
Patty and Miko Tracy
Thanks to all of our dedicated volunteers who provided 22,188 hours of service. We couldn't do it without you!
We Are Funded By

California Department of Rehabilitation: Employment Services
California Mental Health Services Authority (CalMHSA)
County of Orange Health Care Agency
Los Angeles County Department of Mental Health
Los Angeles County Department of Public Health: Substance Abuse Prevention and Control
Link2Health Solutions, Inc.
Substance Abuse and Mental Health Services Administration
Federal Emergency Management Agency: Emergency Food and Shelter Program

Special Thanks

Judd Apatow
Delila Brown and Jacob Whitesides
Baby Buggy, Inc.
Crystal Li and Andrew J. Cohen
Echo Horizon School
Will Ferrell and Amy Poehler
Morrison & Foerster LLP
Janine and Henry Lichstein
Ronda Rousey
Sara Rutenberg
Shelter Partnership, Inc.

Didi Hirsch’s Fans Give Back

Movie director Andrew J. Cohen raised $7,800 for Didi Hirsch by raffling off a day on the set of his new movie. Stars Amy Poehler and Will Ferrell flank raffle winner Tom Spath.

UFC fighter and actress Ronda Rousey donated over $56,000 to Didi Hirsch by dedicating a portion of the proceeds from her popular “Don’t be a D.N.B.” apparel line.

Movie producer/director Judd Apatow (2nd from right) raised $20,000 for Didi Hirsch at his comedy variety show, “An Evening with Judd Apatow and Friends.” L-R: Crystal Li Cohen, Didi Hirsch President/CEO Kita S Curry, Apatow and Andrew J. Cohen.

Kita S. Curry with teenage pop star Jacob Whitesides and eighth-grader Delilah Brown, who organized a high school concert that raised over $16,000 for the Suicide Prevention Center.
On September 14, 2015, Didi Hirsch Mental Health Services lost a beloved friend and co-founder of the Suicide Prevention Center, Dr. Norman L. Farberow. As a psychologist in the 1940s, suicide was “a long-neglected, taboo-encrusted social and personal phenomenon,” Dr. Farberow said. He felt a moral imperative to ease the cultural and social shame attached to its victims and their survivors.

Joined by psychologist Edwin Shneidman and psychiatrist Robert Litman, Dr. Farberow opened the nation’s first Suicide Prevention Center in 1958. Among the first researchers to examine the psychological aspects of suicide, they concentrated on its causes and prevention. Together, they developed an approach of nonjudgmental listening used in their 24-hour suicide prevention hotline and adopted by crisis centers around the world. In later years, the Suicide Prevention Center expanded its services to provide training for law enforcement and support groups for people who have attempted suicide and bereaved families.

In the early 1960s, Dr. Farberow and his colleagues pioneered the psychological autopsy, which they used to conclude that Marilyn Monroe’s death was a probable suicide. They believed suicide was a public health problem, and healing could come as much from a conversation as from a pill. The author of many books and articles on suicide, Dr. Farberow was interviewed frequently and lectured widely on the subject. He participated in trainings at the Suicide Prevention Center until the end of his life.

“Dr. Farberow was a pioneer in helping to erase the stigma of suicide” said Dr. Kita S. Curry, Didi Hirsch’s President/CEO. “He never stopped wanting to ease people’s pain and understand what brings people to the brink of such despair.”
Mission Statement
Since 1942, Didi Hirsch has transformed lives by providing quality mental health and substance use services in communities where stigma or poverty limits access.

We value care that is:
Accessible
Comprehensive
Collaborative
Innovative
Accountable
Committed

www.didihirsch.org
4760 S. Sepulveda Blvd, Culver City, CA 90230
310-751-5455