Didi Hirsch
MENTAL HEALTH SERVICES

a good fit
ANNUAL REPORT 2008-2009
MISSION STATEMENT

Didi Hirsch transforms lives by providing quality mental health and substance abuse services in communities where stigma or poverty limit access.

There are no extra pieces in the universe.

– Deepak Chopra
Dear Friends,

Puzzles are problems with solutions. What seems difficult can be done; what were dreams can become reality.

Starting as toddlers, we learn so much from puzzles. Not just visual-spatial and motor skills. We learn that every piece counts. That with patience and trial and error, we can make order out of seeming chaos. We also discover that it’s easier when others help.

This is the essence of the Didi Hirsch family. We try new things. We persevere. We are inter-connecting; we touch each other’s lives. Every employee, client, volunteer and supporter has a place in the big picture.

Although we can’t begin to convey every aspect of the large, three-dimensional world that is Didi Hirsch, we hope this Annual Report gives you a sense of how we all fit together. Last year, we helped more than 57,000 youth, adults and older adults pick up the pieces and put color and order back in their lives.

Where many see failure, shame and futility, we look at mental illness and substance abuse and see problems with solutions.

You were a part of the solution. Without your support we would have been missing a vital piece. Thank you.

Kita S. Curry, Ph.D
President/CEO
Prevention Specialist Counselor

Annie Ortega is going on her sixth school year as a Prevention Counselor with the Substance Abuse Prevention Department. Ask Annie's fourth graders about her and they might tell you that she loves lemons. In her favorite classroom exercise, Annie hands each student a lemon. Yellow, sour, round, all lemons are the same, right? Really look at it, she tells them. Get to know your lemon. Then Annie collects the lemons, mixes them up, and asks each student to find their lemon. Sure enough, everyone spots his or her fruit easily. It's amazing how different each is when the students take the time to get to know them. Beginning with the common lemon, Annie explores stereotype, prejudice, discrimination as part of the Beyond Bias: Think Peace program. "In my effort to teach these very adult, very grown-up concepts, like stereotypes and prejudice, I really try to delve into their lives."
Annie is one of several prevention counselors at Didi Hirsch shaping the future of Los Angeles youth. Over the last 14 years, they have trained more than 13,000 students as part of the Substance Abuse Prevention department’s program Beyond Bias: Think Peace. Through classroom exercises, discussions, and projects, Think Peace teaches third, fourth and fifth graders the skills they will need to handle conflict and peer pressure. These skills include: social competency, critical thinking, problem solving, decision-making and autonomy. Armed with these skills, children are better able to cope and thrive in an environment that may present multiple temptations, including substance abuse.

In the last year of elementary school, students are eligible to become Peace Makers, who are taught how to mediate conflict on their own playgrounds. Each recess, two fifth graders don their Peace Maker shirts and patrol the blacktop helping to settle disputes between their peers. One of the most important components of the program is helping students develop a sense of purpose and future. It’s not uncommon for a second grader to confide in Ms. Ortega, “My brother was a Peace Maker and I want to be one too.”
Erina St. Pierre, 23, may seem shy at first, but once she begins talking you can't help but be affected by her huge smile. She was 18 when she started to hear voices and was diagnosed with schizophrenia. Erica spent the next few years in and out of the hospital. It was an isolating time marked by periods of deep depression. One year ago, after another hospitalization, Erica was referred to Didi Hirsch's Wellness Center in Inglewood. The first day she walked into the common room she was nervous. She attended the group meeting and had little to say. Yet Erica returned the next day, and the day after that. Slowly, Erica opened up, and encouraged her peers to do the same. She says group meetings gave her “the encouragement and the feedback of other people who were going through the same thing I was going through.” Through our Employment Services, Erica was hired and trained as a Facilitator for Project Return’s Peer Support Network. Each Tuesday she now leads the group meetings at the Inglewood Wellness Center.
Finding a Place to Fit In

TRANSITIONAL AGE YOUTH

The late teens and early twenties are a trying time for everyone. It is a period of change and growth and confusion as we navigate out of childhood into adulthood. This is also the time when a young person often experiences his or her first episode of a mental illness. Our Transitional Age Youth (TAY) program reaches out to 16 to 25 year-olds who may be experiencing the isolation of mental illness. More than 50 attend our Wellness Center in Inglewood. For many, it is one of the few places where they can come and talk about their illness with peers. Known as TAY Day, each Tuesday the Inglewood Wellness Center hums with energy. TAY clients gather for lunch and activities such as art therapy, discussions of current events and outings together. Wellness Center regular Jules Perkins has showcased his musical talents by performing live at the Didi Hirsch Wellness Center Open Mic and Poetry Slam. Didi Hirsch Wellness Centers help TAY clients find a way to fit in and grow personally.
Ray Ayala still remembers the first time he walked through the front door to Via Avanta over twenty-five years ago. He was an addict. At the time, the residential program was co-ed, and the court had ordered Ray to receive treatment. Ray readily admits that he was scared. He bargained with his wife to take him home, promising that he would never use again. Yet, Ray stayed at Via Avanta for a year. Within that year something clicked. He became sober and realized that he possessed a gift for listening and guiding others. Now a Program Coordinator at Via Avanta, Ray counsels the women and supervises staff, as he has for 24 years. For many, it is their first positive experience with a male. Many also credit him with their recovery. However, in his humble and quiet manner, Ray is quick to brush off compliments. “Some people have said that I’ve been their mentor but I’m the one that’s learning every day.”

VIA AVANTA

Healthy living begins with a network of support. At Via Avanta, our residential treatment program for women struggling with substance abuse, residents receive support in all aspects of their life—from parenting classes and childcare assistance to chemical dependency and domestic violence counseling. However, this support goes well beyond lectures and meetings and counseling sessions to practical life lessons. As the women prepare to make their way on their own, they learn to fix furniture, prepare resumes and even join community sports’ leagues. This year they will be planting their first organic garden. They will reap the rewards of working together while also learning healthier eating habits.
Making the holidays joyful at Via Avanta has had special meaning for Jennie Wyatt Coste since she began working there 19 years ago. She remembers how much others’ kindness meant to her when she and her daughter spent the holidays there as clients several years before. Today, Jennie is the Child/Parent Care Coordinator at Via Avanta where she helps residents become better parents. Whether reading together or working on a puzzle, learning to enjoy each other’s company is key. During the holidays, which often are difficult for families in need, Jennie goes all out. This year, Christmas was a five-alarm event. There were the usual goodies to eat, and carols to sing, but as an added surprise the fire department visited with their fire engine and invited the children to climb inside. To top off the day, Santa Claus—played by Jennie’s teenage son—arrived with bags full of presents. There was a gift for everyone.
Crisis Residential Care
Jump Street and Excelsior House are crisis residential treatment centers, providing a 28-day program for adults experiencing serious problems due to mental illnesses. Residents may have been homeless or at risk of homelessness. The program gets them stabilized, provides treatment for their mental illnesses, finds long-term housing and connects them to on-going treatment programs.

Wellness Centers
To make access to care as simple as possible for clients with severe mental illnesses, we offer Drop-in Centers at our Culver and Inglewood sites. At the Drop-in Centers, individuals can receive a mental health assessment, socialize, connect with other services, and more. The program also partners with the National Alliance on Mental Illness, whose peer advocates are onsite providing support and inspiration. The Wellness Centers offer an array of classes, groups and projects, which foster physical, mental, and spiritual well-being. Members regain old skills and develop new ones, breaking down the barriers that have isolated them from the community. With greater confidence and improved physical and mental health, they develop relationships outside the Agency, including volunteering for local community groups and returning to work.

The Wellness Centers are self-governed by its members, but supported by nursing and mental health staff members, who also conduct groups for participants.

Outpatient Treatment for Adults
Programs at our headquarters and Inglewood Center provide outpatient mental health services to adults with serious mental illnesses, including schizophrenia, bipolar disorder, and severe depression. Our trained mental health staff provides individual and group therapy, case management, and psychiatric medication management. Clients who need intensive service receive care at home and in their community.

Employment Services
Our employment services help adults with chronic mental illness find a job. Clients learn computer skills, resume building, and interview strategies, such as how to dress appropriately for job interviews. After finding employment, clients continue to receive supportive services to help them be successful in the work place.
Assistance to Abducted Children and their Families
Didi Hirsch is a founding member of the Los Angeles Child Abduction Task Force, a multidisciplinary team that includes the Los Angeles County Department of Children and Family Services, the Los Angeles City District Attorney’s Office, local law enforcement bureaus, and the Federal Bureau of Investigation. The task force works to find, reunite, and counsel children and families that have been affected by abduction.

CalWORKs
We provide assessment and mental health treatment for people on public assistance, through a state program that helps reduce the barriers to employment and increase self-sufficiency.

Child Alert
The Child Alert program offers specialized mental health services for children who have experienced or are at risk of physical, sexual, or emotional abuse or neglect. It helps children and families cope with the resulting problems, and also helps prevent further instances of abuse. Outpatient services include assessment, individual, group, and family psychotherapy, parenting education groups, psychiatric medication management, and case management for children and parents.

Intensive Mental Health Services for Children
We provide in-home and community based services to children and families who have demonstrated a need for temporary, intensive mental health services. A therapist/case manager team works closely with families to develop their strengths, identify new ways of functioning as a family, and connect with needed resources to provide stability to the family.

Outpatient Mental Health Services for Children and Families
Programs at our Metro, Inglewood, Mar Vista and S. Mark Taper Foundation Centers provide outpatient mental health services to children and youth experiencing depression, anxiety, psychosis, attention deficit/hyperactivity disorder, delinquency and/or other issues. Our trained mental health staff provides individual, group, and family therapy, as well as case management and medication management.

Parenting Education
We offer parenting classes to the community, particularly to monolingual Spanish-speaking parents, that incorporate information on positive and effective discipline techniques, child development, anger management, and supportive resources.

School-based Services
We provide mental health services to children and teens in approximately 30 schools. Therapists work closely with teachers to provide early intervention, prevent the development of further emotional and behavioral problems, and help increase a child’s chance of success in the classroom.
Alternative Sentencing Programs

The Driving Under the Influence (DUI) ‘First Offender’ Program at our Metro Center is designed for those mandated to participate in a DUI program. It focuses on heightening awareness of the consequences of alcohol and other drug impairment, and preventing further incidents. The Drug Diversion Program, also at our Metro Center, serves court-referred individuals with a substance abuse problem, who gain awareness about the negative effects of substance abuse as well as healthy coping skills to prevent future arrest and incarceration.

The Community Assessment and Services Center (CASC)

The CASC assesses the mental health and substance abuse treatment needs of adults receiving general relief and other public assistance. It connects clients to local treatment providers and serves as a resource center for alcohol and drug abuse treatment programs in the western area of Los Angeles County.

Community Prevention Programs

Using a broad range of public education, skill-building and community intervention activities, this program seeks to increase individual, family and community resiliency factors that will help prevent alcohol and drug related problems in young people and their families. One of the strategies used is Beyond Bias: Think Peace, a program which teaches prejudice reduction, conflict resolution, and peer mediation.

Drug and Alcohol Treatment for Adolescents and Adults

We provide individual, family, and group outpatient drug, alcohol, and other substance abuse counseling at our Culver-Palms, Mar Vista, and Metro Centers. At Mar Vista, specialized services are provided to adolescents, with a particular focus on family intervention. At our Culver-Palms and Metro Centers, we provide drug and alcohol treatment for adults.

We offer after-school treatment on campus at Berendo Middle School. Social skills coaching, anger management, and goal setting are just some of the tools used to help students address their substance abuse problems.

Residential Treatment (Via Avanta)

We offer long-term substance abuse, mental health, and domestic violence treatment to women in a safe, supportive, communal living environment. Children up to age six can live with their mothers while the women are in treatment. The children participate in developmentally appropriate activities, while mothers attend gender specific alcohol and drug abuse counseling sessions, parenting classes, and other activities to improve life and job skills, as well as overall health.

Project 50

As part of a multi-agency team, we provide substance abuse outreach and treatment to vulnerable adults living on Skid Row. Project 50 focuses on those who are at high risk of dying due to chronic and severe physical illnesses, mental disorders and addictions.
Short-term Crisis Counseling and Crisis Intervention
We provide immediate short-term counseling for individuals and families experiencing a crisis following a life-changing event, such as the death of a loved one, loss of a job, assault, or life-threatening illness. We also provide short-term counseling for those overcome with thoughts, feelings, or habits that were once manageable and now seem out of control. These thoughts or feelings can range from excessive worry, to phobias, to an inability to cope with a loss.

Survivors After Suicide Program
This program offers support for people who have lost a loved one to suicide, including eight-week groups, monthly drop-in groups, and telephone counseling. In addition, the program’s Suicide Response Team works closely with the Crisis Response Team of the Los Angeles City Mayor’s Office to offer immediate crisis counseling at the scene of a suicide. These trained volunteers comfort families and connect them to community resources that will help them when loneliness and despair seem overwhelming.

24-hour Suicide Prevention Crisis Line
We operate Los Angeles and Orange County’s only 24-hour suicide prevention crisis line for people of all ages who are at risk of suicide. Our Crisis Line is also a resource for callers concerned that someone they know may be suicidal, as well as for law enforcement agencies requesting crisis response training from our suicide prevention experts.

Suicide Prevention Outreach and Education
Staff and volunteers provide suicide education, awareness, and prevention in Los Angeles and Orange Counties through presentations to schools, churches, community groups, businesses, and law enforcement agencies, as well as to hospitals, counseling centers, and other clinical environments. We also teach those already working in these settings to train their staff about the warning signs of suicide and how to respond if someone needs help.
Outcomes
To assure that our services remain on the forefront of the mental health and substance abuse fields, our Outcomes Department continually reviews current treatment models and developments. It gathers outcome data, which is used to evaluate our effectiveness, adjust our practices, and set future goals. Additionally, in the face of our ever-changing society, it assures that our programs are culturally sensitive, providing the best care to our diverse community.

Training
The Center’s commitment to quality mental health and substance abuse services is supported by an excellent continuing education seminar series offered by our Training Department. Held twice a month from October through July, mental health professionals within the agency and from the community are invited to present a variety of topics to staff. Common themes in these seminars are diagnostic issues, exposure to new treatment models, professional ethics, special issues in working with culturally diverse populations, and mental health policy.

Quality Assurance
Because we believe that the quality of clinical documentation reflects the quality of treatment, our Quality Assurance Department trains staff to write effective treatment plans and progress notes. We also audit our clinical documentation to ensure that we comply with all legal and contractual requirements and that our programs provide cost-effective treatment.

Each year, we provide approximately 25 future social workers, psychologists, marriage and family therapists, nurses, and psychiatrists with practicum and work experience opportunities through our comprehensive training program. Our psychology internship program is accredited by the American Psychological Association and our master’s level internships follow regulations and standards set forth by the California Board of Behavioral Sciences.
57,907 People Helped
9% Substance Abuse Treatment
27% Mental Health Services
64% Emergency Services, Outreach and Suicide Prevention

Ethnicity of People Helped
5% Asian/Pacific Islander
8% Biracial/Other
26% African American
30% Caucasian
31% Latino

Age of People Helped
5% Older Adults (65 years of age or older)
28% Youth (under 18 years of age)
67% Adults (18–64 years of age)
The stigma of mental illness has a profound and lasting effect, whether it is one’s own illness or that of a loved one. Since 1997, our Erasing the Stigma Leadership Awards have honored advocates who have helped change that. The 2009 Awards focused on schizophrenia, the most feared of all mental disorders. Under Committee Chair Cheri Yousem’s stellar leadership, we raised $280,000.

Master of Ceremonies, Comedian Brian Copeland, used humor to describe his own battle with depression. Actor Joey Pantoliano presented Leadership Awards to Elyn Saks and to Shari and Garen Staglin. Joined by surprise guest Steve Lopez, DreamWorks CEO Stacey Snider presented a Beatrice Stern Media Award to Gary Foster.

Author of The Center Cannot Hold: My Journey Through Madness, Elyn Saks dispelled the stereotypes associated with schizophrenia. She is a Yale graduate, USC law professor and mental health policy expert, despite recurring bouts of psychosis. Elyn poignantly illustrated the isolation that comes with stigma. “When you go to a hospital for a physical illness, people send flowers. When you go to a hospital for a psychiatric illness, they don’t.”

Shari and Garen Staglin’s advocacy began when their son Brandon developed schizophrenia. Garen said, “We had a choice: were we going to run away from this problem or run toward this problem?” Rather than succumbing to stigma, they founded the Staglin Music Festival for Mental Health, which has raised $83 million for mental health research in 14 years. As Brandon joined his parents on stage to thank them for their unwavering support, Garen pledged, “Our commitment to you is—in our lifetime—we will cure these illnesses.”

Producer Gary Foster brought The Soloist to the screen. Based on a memoir by Los Angeles Times correspondent Steve Lopez, it chronicles Steve’s friendship with Nathaniel Ayers, a Julliard-trained musician who was homeless and suffering from schizophrenia. Filming on Skid Row opened Gary’s eyes. “In all the chaos, almost everyone I encountered said ‘Hello’, reached out a hand or smiled as I passed by…I felt comfortable with people who only weeks before I feared…While there is a social divide, there is not a humanistic one.”
Smiles and hope, these represent the spirit of Alive and Running, Didi Hirsch’s 5K Walk/Run for Suicide Prevention. With smiles and hope, and a lot of sweat, more than a thousand runners and walkers united to foster awareness, remember loved ones and raise funds for our Suicide Prevention Center. Our honored guest, Sheriff Lee Baca, spoke about the importance of suicide prevention and took first place in his age group.

We count on the community to spread the word about the cause, create teams and help out on the day of the race. In 2009, new social networking tools like Facebook and Twitter extended our reach. More than 150 volunteers came out, and we had the biggest team ever.

Kyle Kubachka’s family joined with Cal State University Long Beach’s Nursing Students to put together a team of 281 people in Kyle’s memory. Dedicated supporter Marilyn Nobori brought out her church’s Taiko drum group to jazz up the finish line; she also put together a team of 181 in memory of her daughter Aiko.

With over 51 years saving lives, the Suicide Prevention Center helps more than 35,000 people each year—teaching the warning signs of suicide, offering support to loved ones after a suicide and helping callers in distress through our 24-hour suicide hotline. Alive and Running is a day to smile, hope, and perhaps shed a few tears for loved ones while also making a difference. Working with dedicated friends and committed supporters, Event Chairs Janine Lichstein and Todd Rubin helped raise more than $130,000 to support these life-saving services. Alive and Running is one way to help make certain there are resources available to people in despair, day or night.
Just as food, water and air are essential to life, support from our many donors, friends and funders is essential to the work of Didi Hirsch Mental Health Services. We are grateful to all who have given of time and treasure, including the 215 volunteers and future mental health professionals who contributed 15,900 hours of service in the 2008-09 fiscal year. We are committed to using your contributions wisely. Eighty-seven cents out of every dollar is spent on programs.

I personally can attest to the value of your investment in Didi Hirsch. The Suicide Prevention Center helped me endure the indescribable grief of losing my son, Stephen, to suicide. Out of it also came the most meaningful work of my life—from my days as a volunteer on the crisis line to my current service as Board Chair. Nothing is more uplifting than the stories of the clients we have helped begin anew, who might otherwise have given up hope.

If Didi Hirsch is to help the generations to come, in our worldview today, there also must be a vision for the future. Our Legacy Leaders, who are highlighted below, have shown that foresight. By including Didi Hirsch and its programs in their estate plans, they have attended to the future of those they love and those who will need Didi Hirsch many years from now.

On behalf of the Board, Staff and clients, I offer my heartfelt thanks to each and every donor. You make a difference. I hope Didi Hirsch can count on your continued support.

Stanley D. Lelewer
Chair, Board of Directors

Legacy Leaders
(Honoring those who have included Didi Hirsch in their estate plans.)

Cynthia Chaillie
Dr. Kita S. and Peter W. Curry
The Estate of Robert E. Emerson
Todd Hays
The Larkin Trust
Mary and Stanley D. Lelewer
The Judith Anne Phillips Trust
Francine Chandler Righter and Guy B. Righter
Andrew E. Rubin
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($10,000 and above)

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United Way of Greater Los Angeles
Ruth/Allen Ziegler Foundation

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Maggie and Rick Mogil
Sharif Mollah
Tricia and Richard Molte
Mahshid Moosavieh
Vivien and Allen Morita
Carol and Jerome Muchin
Roberta Muller
Lauren Murphy
Zak Nahmoulis
Dr. Sharaon R. Nazarian
Nancy Nebenzahl
New Center for Psychoanalysis
Susan Bay Nimoy and
Leonard Nimoy
Shari and Kenneth Nishi
Linda and Dean Nobori
Marilyn and Alan Nobori
Ana Nogen
Gary Nye
Michael Odle
Brenda and Budge Offer
One Natural Experience
Mikki Ozawa
Bill Papesh
Josephine Papich
Emilia G. Parrish
Ronald D. Paulson
Penny Lane
Sandra and Melvin Peters
Ariel Peterson
Elizabeth Pfommm
Janis and Kurt Phares
Elliott Phear
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Natasha Pierson
Donald F. Pitts
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Jackie and Adam Popper
Caron Post, Ph.D.
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Eden and Gerald Rafshoon
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Wendy and Jonathan Resin
Edith and Marshall Reznick
Jane Rivera
Mildred Rivo
Barbara and Sanford Robbins
Michele Roberge
Cynthia and David Roberts
Lori and Gregory Robinson
Roll Giving/Joel Epstein
Angelce Rome
Marsha V. Rood
Dale Rose
Karen Rose
Beverly and Leonard Rosen
Patricia Rosenberg and
Bud Heumann
Helen Rosin
Alison and Jonathan Roth
Philippa and Paul Rubell
Denise Sacks
Kathy Sadamitsu
Kathy and Edgar Saenz
Janet and Maxwell Salter
Rupert Samuel
Jill Schiff
Dorotha and Jack Schlanger
Ken Schmidt
Ruth and Robert Schriberman
Majorie Schuman, Ph.D.
Kathy Schwartz
Suzanne Schwartz
Ingrid Reininga Scott
Katherine Scott
Kenneth Scott
Debbie and Bill Sean
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Angela Sellers
Patricia Serrano
Linda Shahinian and Herb Schiff
Abby Sher
Mary and Jeff Sherman, M.D.
Neil Sherman
Shirvia and Russell Sherman
Angela Sellers
Patricia Serrano
Linda Shahinian and Herb Schiff
Abby Sher
Mary and Jeff Sherman, M.D.
Neil Sherman
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Syivia B. Sherwood
Harvey Shore
Jay Shore
Beverly A. Smith
Diane Sherman Smith
Janet K. Smith
Miriam and Dale Smith
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Valerie Sobel
William Sobel
Wipada Soonthornsima
Mary T. Spaulding
Special Service for
Groups/OTTP
Marjorie Spiegel and
Thomas Lesser
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Doug Stewart
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Marilyn and Ron Stilwell
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Jeremy Sultan
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Lenore S. Sussman
Margery Tabankin and
Earl Katz
James Tanchoco
Stephen Tanny
Frances and Sherman Teller
Kirsten and Steve Tellez
Karen Thomas
Susan and Fred Toczek
Brandon Toh
Allison Tokunaga
Carolyn Tokunaga
Jason Tokunaga
Susie and Ralph Treiman
Stan Trilling
Anita Trush and Daniel Frydman
Carla Tulchin
Patricia Tyro
United Way of Santa Barbara
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Steve Uyemura
Peter Van Bysteren
Andrea and John Van de Kamp
Rita Vennari
Jelena and Timothy Verny
Rocio Villasenor and
Paul F. Rosenbaum
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Chuck Wallau
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Hope Warner
Audrey and Charles Warren
Michael Weintraub
Leslie Weisberg and James Hyman
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Elsie and Gerald Weyrauch
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Wistar Wood
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Cheron Zekavat
Friend ($50–$99)

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Martha Barber
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Wendy and John Gladwin
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Christopher Gleixner
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Sister Bernadette M. Carroll
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Michael Gottfried
Richard J. Greenberg
Soloris Greene
Donna and Bernard Gudvi
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Gregory Guignard
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Chelsea Hadley and
Justin Reinhardt
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Lori Harris
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Laura McGaughey, Ed.D. and  
Don McGaughey  
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Joan McNamara  
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Renee Meshul  
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Jeanette Migdal  
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Nancy and David Milstein  
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Jennifer Moeller  
Sylvia and Raymond Monzon  
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Laura Morgan  
Carolyn Moyer  
Michelle Murphy  
Terry Neil  
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Shannon Nishi  
Joyce Nishioka and Wendy Fukuda  
Linda Nolasco  
Natalie and Natasha Norton  
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William Broesamle, Jr.  
David Nowell  
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Candace and Thomas Oshita  
Rex Oswald  
Anh and David Palmer  
James Parker  
Tandy Parks  
Thomas C. Parnell  
Robin and Hamant Patel  
Emily Perez  
Claire Petersky  
Lisa and Roger Peterson  
Dorothea and Edward Pikul  
Eric Plakun  
Karen Kay Platt  
Michael Plewa  
Elaine Porzucki  
Rissa and Chuck Potter  
Gloria Price  
Kathleen Price  
Madeline Malin Price and  
Michael Price  
Julieta and Peter Quiano  
Kaylee Quilling  
Tina Raksin  
Karen and Darryl Ramos-Young  
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Gail Reed  
Megan Reeves  
Dana Reinhardt and  
Daniel J. Sokatch  
Sari and Aaron Reshman  
Joanne Reyes  
Franklyn Rivas  
Linda C. Robinson  
Francisco Robles  
Linda Rock  
Darren Ross  
Erika Ross  
Erika Rothenberg  
Lisa K. Rowlett  
Athena Rozelle
Candice Saito
Gary Sakaguchi
Reuben Salazar
Bessie Salguero
Ruth and Don Salk
Bruce Saltzer
Karen and Hector Sartori
Heidi Sasaki
Lorraine D. Sax
Kay Saxe
Marilyn Sayegh
Fran Shagan Schenkel
Jill and Paul Schulman
Ingrid Scott
Diana Seino
Sue and Steve Shackelford
Jackie Shapiro
Miriam and Henry Shapiro
Tina Shellen
Sylvia and Walter Sherwood
Bernadette Singian
Shari Sinwelski
Susan Skarda
Dave Smith
Ruthie and Bud Smoot
Marvin D. Snyder
Renee and Steven Snyder
Ashley Solomon
Robert Soria
Mary and John Spalding
Steven Spigarelli
Willow Tracy Stateman
Jason Stephens
Juliet Szegedi
Ethel and Eric Takahashi
Yoshiko Takemoto and
Richard Inouye
Yoshiko and Sadaichi Takemoto
Pei Pei Tan
Joshua Tarjan
Larry Teberg
Belinda Teitel
Jan L. Thompson
Jane Tillman
Orit Topf
Laura and Torger Totusek
Alice Tsuha
Robert Tucker
United Way California
Capital Region
Teresa Valenzuela
Jessica Sofia Valle
Kristen and John Van Denburgh, III
Kelley Vandewalle
Eric Ventura
Michael D. Vivian
Easter Dawn Vo-Jutabha
Tasia Wagner
Ed Waiskopf, M.F.T.
Sau Cindy Wan
Sharey Wang
Ellen and John Wardlaw, Jr.
Katharine Werber
Henrietta Wheeler
Karen Williams
Robert Wilson
Jessica Wittman
Sonja Wong
Robert Wood
Anne Marie Yantos
Howard Yeh
Carole Zaima
Robert Zauzmer
Bill Zeise
Deborah Pikul Zent
Josh Zuboff
Michelle Anaya
Keith Anyon
Aquarium of the Pacific
Armstrong Garden Center
Arrowhead Water
Alice Avery
Jennifer Ball
Gwen and Steven Barry
Dana and Mike Bermant
Lisa Black
Lois and Sam Bloom
Border Grill
Joan Borinstein
Bradford Renaissance Portraits
Carrie Brillstein
Shannon Brinkerhoff
Bristol Farms
Summer Brown
Cynthia and Thomas Bryan
Kevin Butler
Stacey and Mike Calcagno
California Pizza Kitchen
Poppy Cannon-Reese
Dana Canon
Candice Cantrell
Canyon Ranch Health Resort
Marcelo Carulli-Pena
Chicago Ribs
Chili’s
Weslie Ching
Clementine
Coco’s
Jill Cohen
Natalie Cole
Joan Collins
Bram Conley
Nancy Cord
Sheryll and Herman Corteza
Kita S. Curry, Ph.D. and
Peter Curry
Arnie Daguil
Germaine Davis

In-Kind

99 Cents Only Stores
Vivienne Adams
Victoria Alba
Alicia Broadous–
Duncan Senior Center
Lynne and Irwin Deutch
Wiep DeVries, R.N.
William Dombrowski
Julie Downey
Echo Horizon School
Irene and Rudolph Estrada
Marjory Feldman
Catherine Fellowes
Maureen Fenny
Jan and Mike Finer
Cynthia Finermon
Richard Flores
Joyce Floyd
Anna Fogelman
Ingrid Geyer
Elisabeth Goth
Martin W. Greenwald
Faye Griffith
Gymboree of Burbank
Gymboree of La Cañada
Lenore and Haskel Haim
Hain Celestial Group
Mary Halligan
Jennifer and Mark Hamaguchi
Charles Harris
Toby and Manon Hayward
Martha Hernandez
Zena Hoffman
Nikki Holbert
Lee Holdridge
Honeybaked Ham Co.
Shelly and Seymour Hudosh, M.D.
The Huntington Library
Island's
Jamba Juice
Rosalind Jarvis
Jongewaard’s Bake-N-Broil
Kabuki
Katie and Matt Kang
Sharon M. Kopman and Jason Kay
Dey Young Ladd
Jerri Lamb
Ruth Lampert
Legoland California
Mary and Stanley D. Lelewer
Marianne Lewis
Liz and Joe Loll
Maureen Lombardino
Los Angeles Dodgers
Lorraigne and Joe Lyou
Leila and B. Robert Maltzman
Cindy Mardigian
Shirley Mattison
Crystal McGhee
Vanessa McLeon
Duane E. McWaine, M.D.
and David Huebner
Mary Meadow
Ruth Mervis
Lynette Mettey
Judy Miller
Mahshid Moosavieh
Kathleen Moreno, M.D.
Carolyn Mosoff
Mount Zion Baptist
Church – Youth Dept.
Merle and Peter Mullin
Gwen Myles
Janet Nakano
Natural History Museum
of Los Angeles County
Nike West Running Team
Noah’s Bagels
Lisa M. Nordcund
Laura Ornest
Nancy Passarelli
Pavilions
Cristina Perez
Pascha Perkins
Marci and Rich Phee
Red Lobster
Kathleen and Carlos Rivera
Lacie Rivera
Nakewa Roberts
Joseph Rosa
Andrew E. Rubin
Rubio’s Baja Grill
Stephaniy Salazar
See’s Candies
Shelter Partnership, Inc.
Judy and Allan Sher
Skirball Cultural Center
Jaclyn Smith
Valerie Sobel
Patricia Soules
Spago
Janine Stange
Starbucks Coffee
Sheila Stern
Toni L. Stutson
Tenisha Taylor
Alicia Teichman
The Tropics
Trader Joe’s
Cody Tucker
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Sharon Wells
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Leslie Wilson
Justine Woo
Laurie Woodrow
Cheri Renfroe Yousem
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**We Are Funded By**

California Department of Health Services:  
Substance Abuse Prevention and Treatment

California Department of Rehabilitation:  
Employment Services

City of L.A. Department of Community Development:  
Emergency Housing and Assistance Program

L.A. County Department of Children and Family Services

L.A. County Department of Mental Health

L.A. County Department of Public Health:  
Substance Abuse Prevention and Treatment

U.S. Agency of Federal Emergency Management:  
Emergency Food and Shelter Program

**We are Accredited By**

Employment Services  
*by CARF*

Predoctoral Psychology Internship Program  
*by the American Psychological Association*

Suicide Prevention Center  
*by the American Association of Suicidology*
### Statement of Activities

<table>
<thead>
<tr>
<th></th>
<th>FY 08/09</th>
<th>FY 07/08</th>
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</thead>
<tbody>
<tr>
<td><strong>Revenue</strong></td>
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</tr>
<tr>
<td>Government Contracts</td>
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<td>$20,924,000</td>
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<tr>
<td>Contributions and Grants</td>
<td>383,000</td>
<td>376,000</td>
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<tr>
<td>United Way</td>
<td>104,000</td>
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<tr>
<td>Special Events (Net)</td>
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<tr>
<td>Patient Fees</td>
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<td>145,000</td>
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<tr>
<td>Donated Goods and Services</td>
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<td>564,000</td>
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<tr>
<td>Other</td>
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<td><strong>Expenses</strong></td>
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<tr>
<td>Personnel</td>
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<td>Operating</td>
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<td>Occupancy</td>
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<td>Depreciation</td>
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<td>594,000</td>
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<tr>
<td>Donated Goods and Services</td>
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<td>564,000</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td>$23,038,000</td>
<td>$22,588,000</td>
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<tr>
<td><strong>Excess of Revenue over Expenses</strong></td>
<td>$88,000</td>
<td>$40,000</td>
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### Statement of Financial Position

<p>| | | |</p>
<table>
<thead>
<tr>
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<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td><strong>Assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash and Cash Equivalents</td>
<td>$5,137,000</td>
<td>$3,921,000</td>
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<tr>
<td>Accounts Receivable/Prepaid</td>
<td>968,000</td>
<td>1,608,000</td>
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<tr>
<td>Property and Equipment (Net)</td>
<td>4,304,000</td>
<td>4,590,000</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td>$10,409,000</td>
<td>$10,119,000</td>
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<tr>
<td><strong>Liabilities</strong></td>
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<tr>
<td>Accounts Payable/Accrued</td>
<td>$4,093,000</td>
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<td>Notes Payable</td>
<td>937,000</td>
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<td><strong>Total Liabilities</strong></td>
<td>$5,030,000</td>
<td>$4,829,000</td>
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<td>$5,379,000</td>
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</tr>
<tr>
<td><strong>Total Liabilities &amp; Net Assets</strong></td>
<td>$10,409,000</td>
<td>$10,119,000</td>
</tr>
</tbody>
</table>

audited financial information available on request
LOCATIONS

Didi Hirsch Mental Health Services
Headquarters
4760 South Sepulveda Blvd.
Culver City, CA 90230
(310) 390-6612

Culver-Palms Center
11133 Washington Blvd.
Culver City, CA 90232
(310) 895-2300

Excelsior House
1007 Myrtle Ave.
Inglewood, CA 90301
(310) 412-4191

Inglewood Center
111 North La Brea Ave.
5th and 7th Floors
Inglewood, CA 90301
(310) 846-2100 5th Floor
(310) 677-7808 7th Floor

Jump Street
1233 South La Cienega Blvd.
Los Angeles, CA 90035
(310) 855-0031

Mar Vista Center
12420 Venice Blvd.
Suite 200
Los Angeles, CA 90066
(310) 751-1200

Metro Center
672 South La Fayette Park Place
Suite 6
Los Angeles, CA 90057
(213) 381-3626

S. Mark Taper Foundation Center
1328 West Manchester Ave.
Los Angeles, CA 90044
(323) 778-9593

Via Avanta
Pacoima, CA
(818) 897-2609
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Transforming Lives Since 1942

The first non-profit outpatient mental health clinic in Los Angeles County, Didi Hirsch Mental Health Services initially was founded to help adults cope with the aftermath of the Great Depression. Over the years, we have evolved in response to the needs of our increasingly complex community.

Through the leadership and generosity of Didi and I. Kingdon Hirsch, in 1974 we became one of the first federally approved community mental health centers in greater Los Angeles. With this designation came a commitment to offer community education, clinic-based treatment and residential care to people of all ages. We subsequently were renamed to honor Didi Hirsch’s leadership in this expansion.

Today, we offer a broad array of mental health and substance abuse services to more than 57,000 children, adults, older adults and families wherever they are needed—at our nine centers, in more than 25 schools, on Skid Row and beyond. The first in the nation, our Suicide Prevention Center has helped those in need for more than 50 years; as part of the National Suicide Prevention Lifeline network, our suicide crisis line answers the second-most calls in the nation.