HELPING HANDS
Annual Report 2007-2008
Didi Hirsch Mental Health Services
together, we broaden our reach
Dear Friends,

Just by linking hands and wrists, two people can carry another who needs help. Perhaps you learned this in Boy Scouts or Girl Scouts.

In a similar way, by joining with others, Didi Hirsch Mental Health Services weaves a strong and wide safety net for thousands of children, adults and seniors. Our partners include our public schools, senior centers, places of worship, local businesses, police departments, other non-profits, and so many more—including our clients.

All of us are more effective and also more fulfilled through our connectedness, especially when it flows both ways. A truly whole person can both give and receive. Persons with mental illness and substance abuse disorders have unique talents and much to contribute. The professionals who help have much to learn from those they serve. And, sometimes the two roles overlap.

To illustrate the power of both giving and receiving, in this Annual Report we highlight four special connections between Didi Hirsch and the community. There are so many more we could share—from the 23 year-old with bipolar disorder who inspires high school students to seek help by sharing his story, to the mother who testified in Sacramento on behalf of services that might have prevented her 13 year-old son’s suicide.

You also have lent a hand. Your in-kind gifts, donations and volunteer work have helped those who have lost so much hold onto their hope. We are deeply grateful to you for contributing to our network of care. We hope your life has been enriched as well.

Stanley D. Lelewuer
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President/CEO
Satisfaction in life can come from many sources. It may come from our work or a favorite hobby; from our friends, our families or a pet. A common misconception is that life’s simple pleasures are beyond the reach of those with a mental illness. Such stereotypes are deadening and isolating. The members of Didi Hirsch’s Clubhouse and Wellness Centers are breaking those stereotypes all the time. Throughout the year, they look for ways to give back and support their community. From picking up flotsam with Heal the Bay to joining United Way’s Walk to End Homelessness, throughout the year they give back to their community. These photos show some of our clients with ownerless pets from a local “no kill shelter.” Every week they faithfully walk and nurture them while these abandoned pets wait patiently for a home. The result of their work is joy, satisfaction and a sense of being needed. All the things that all of us need.
In our society, self-esteem and pride are formed not only by what we do, but also by what we have. Having little to call your own is especially humiliating for children. In families that cannot afford to exchange gifts, this can make the holidays a time of shame and sorrow instead of joy. Luckily there are people like the teachers, children and parents at Echo Horizons School who think of others who are less fortunate over the holidays. For many years, the Echo Horizons community has pooled savings and allowances to purchase gifts for the families at our Mar Vista Center. These gifts make a huge difference at Mar Vista where poverty is but one of the children’s challenges, which range from anxiety and depression to a history of abuse and neglect. The children and parents at Mar Vista were so grateful that they made a thank-you scrapbook, which a student from Echo Horizons is holding in the accompanying photo. Among the many heartwarming messages and drawings inside was this note: “I am a single mother working part time. This is a blessing because I had already had a talk with my kids telling them I couldn’t get them anything but thanks to you they’ll have something to open Xmas day.” In this holiday exchange, the children at both Didi Hirsch and Echo Horizons learned a priceless life lesson—that generosity is “twice blest, blessing him that gives and him that receives.”
making choices

Most of us take the simple act of choosing our clothes for granted, but the impoverished and homeless rarely have that luxury. They often are forced to wear what they find or are given, not what they have chosen. This can erode one's dignity and identity. The men and women at our Crisis Residential program, Jump Street, arrive in the midst of an acute episode of mental illness. Often they come straight from the streets or a psychiatric hospital with only the clothes on their back; some even have arrived in hospital gowns. Through a special partnership with the Jewish Women’s Council Thrift Store, which is down the street from Jump Street, residents have the opportunity to make their own choices while getting a new wardrobe. They take great pride in selecting clothes that suit them—in size, color and style. They are able to do this because the Jewish Women’s Council gives a $50 voucher to each person who needs clothes at Jump Street. They may use it to select clothes just as if it were their own cash. With quality merchandise and most prices under $5.00, the money goes a long way. The chance to select one’s own clothes goes even further in restoring clients’ dignity and hope.
Approaching a new person can be daunting in the best of circumstances. Approaching a new life after years of substance abuse is downright frightening. One of the few residential treatment programs in the County where women may live with their young children or even give birth, Via Avanta serves women whose lives are far more complex than our stereotypes. Although each woman has a unique story to tell, it often includes childhood trauma and poverty, domestic violence and victimization on the streets, as well as depression and other mental illnesses for which they have self-medicated with drugs and alcohol. For this reason, Via Avanta uses a supportive, communal model developed specifically for women rather than an in-your-face model developed for men. This approach meshes perfectly with the mission of the non-profit Moving Up — which builds women up by teaching them life-skills rather than tearing them down. As the photo illustrates, Moving Up helps women find work by teaching them everything from computer skills and resume preparation to how to start off an interview and how to dress to impress. Whether it’s a reassuring pat on the shoulder as a woman dons a donated suit or a handshake to kick off a mock interview, Moving Up’s program exemplifies the theme of this Annual Report, “helping hands.”
Family of Services

Adult Services

Support Groups
We offer a wide variety of support groups for adults including Mindfulness Meditation, Management of Anxiety and Panic, Grief and Loss, Depression, and Socialization. In addition, we offer support groups for caregivers of older adults with Alzheimer’s disease or other forms of dementia as well as people caring for frail elderly family members.

Crisis Residential Care
Jump Street and Excelsior House are crisis residential treatment centers, providing a 28-day program for adults experiencing serious problems due to mental illnesses. Residents may have been homeless or at risk of homelessness. The program gets them stabilized, provides treatment for their mental illnesses, finds long-term housing and connects them to ongoing treatment programs.

Intensive Mental Health Services/Full Service Partnerships
To make accessing care as simple as possible for clients with severe mental illnesses, we offer Drop-in Centers at our Culver and Inglewood sites. At the Drop-in Centers, individuals can receive a mental health assessment, socialize, connect with other services, and more. The program also partners with the National Alliance on Mental Illness, whose peer advocates are onsite providing support and inspiration. Our Drop-in Centers also feature a newly created Wellness Center that offers an array of classes, groups and service projects, which foster physical, mental, and spiritual well-being. Members regain old skills and develop new ones, breaking down the barriers that have isolated them from the community. With greater confidence and improved physical and mental health, they develop relationships outside the Agency, including volunteering for local community groups and returning to work. The Wellness Center is self-governed by its members, but supported by nursing and mental health staff members, who also conduct groups for participants.

Outpatient Treatment for Adults
Programs at our headquarters and Inglewood Center provide outpatient mental health services to adults with serious mental illnesses, including schizophrenia, bipolar disorder, and severe depression. Our trained mental health staff provides individual and group therapy, case management, and psychiatric medication management.

Employment Services
Our employment services help adults with chronic mental illness find a job. Clients learn computer skills, resume building, and interview strategies, such as how to dress appropriately for job interviews. After finding employment, clients continue to receive supportive services to help them be successful in the work place.

Child & Family Services

Assistance to Abducted Children and Their Families
Didi Hirsch is a founding member of the Los Angeles Child Abduction Task Force, a multidisciplinary team that includes the Los Angeles County Department of Children and Family Services, the Los Angeles City District Attorney’s Office, local law enforcement bureaus, and the Federal Bureau of Investigation. The task force works to find, reunite, and counsel children and families that have been affected by abduction.

CalWORKS
We provide assessment and mental health treatment for people on public assistance, through a state program that helps reduce the barriers to employment and increase self-sufficiency.

Child Alert
The Child Alert program offers specialized mental health services for children who have experienced or are at risk of physical, sexual, or emotional abuse or neglect. It helps children and families cope with the resulting problems, and also helps prevent further instances of abuse. Outpatient services include assessment, individual, group, and family psychotherapy, parenting education groups, psychiatric medication management, and case management for children and parents.

Intensive Mental Health Services for Children
We provide in-home and community based services to children and families who have demonstrated a need for temporary, intensive mental health services. A therapist / case manager team works closely with families to develop their strengths, identify new ways of functioning as a family, and connect with needed resources to provide stability to the family.

Outpatient Mental Health Services for Children and Families
Programs at our Metro, Inglewood, Mar Vista and S. Mark Taper Foundation Centers provide outpatient mental health services to children and youth experiencing depression, anxiety, psychosis, attention deficit/hyperactivity disorder, abuse, delinquency, and/or other issues. Our trained mental health staff provides individual, group, and family therapy, as well as case management and medication management.

Parenting Education
We offer parenting classes to the community, particularly to monolingual Spanish-speaking parents, that incorporate information on positive and effective discipline techniques, child development, anger management, and supportive resources.

School-based Services
We provide mental health services to children and teens in approximately 30 schools across all of the Los Angeles County Service areas where we are located. Therapists work closely with teachers to provide early intervention, prevent the development of further emotional and behavioral problems, and help increase a child’s chance of success in the classroom.

Substance Abuse Services

Alternative Sentencing Programs
The Driving Under the Influence (DUI) ‘First Offender’ Program at our Metro Center is designed...
for those mandated to participate in a DUI program. It focuses on heightening awareness of the consequences of alcohol and other drug impairment, and preventing further incidents of driving under the influence, through education and counseling groups. The Drug Diversion Program, also at our Metro Center, serves court-referred individuals with a substance abuse problem, who gain awareness about the negative effects of substance abuse as well as healthy coping skills to prevent future incidents leading to arrest and incarceration.

**Community Assessment and Services Center (CASC)**

The CASC assesses the mental health and substance abuse treatment needs of CalWORKs, General Relief and Proposition 36 (The Substance Abuse and Crime Prevention Act). It connects clients to local treatment providers and serves as a resource center for alcohol and drug abuse treatment programs in the western area of Los Angeles County.

**Community Prevention Programs**

Using a broad range of public education, skill-building and community intervention activities, this program seeks to increase individual, family and community resiliency factors that will help prevent alcohol and drug related problems in young people and their families. One of the strategies used is Beyond Bias: Think Peace, a program which teaches prejudice reduction, conflict resolution, and peer mediation.

**Drug and Alcohol Treatment for Adolescents and Adults**

We provide individual, family, and group outpatient drug, alcohol, and other substance abuse counseling at our Culver-Palms, Mar Vista, and Metro Centers. At Mar Vista, specialized services are provided to adolescents, with a particular focus on family intervention. At our Culver-Palms and Metro Centers, we provide drug and alcohol treatment for adults. At Berendo Middle School, which partners with Metro Center, we provide students with drug, alcohol and other substance abuse counseling in a group environment. Social skills coaching, anger management, and goal setting are just some of the tools used to help students address their substance abuse problems.

**Residential Treatment (Via Avanta)**

We offer long-term substance abuse, mental health, and domestic violence treatment to women in a safe, supportive, communal living environment. Children up to age six can live with their mothers while the women are in treatment. The children participate in developmentally appropriate activities, while mothers attend gender specific alcohol and drug abuse counseling sessions, parenting classes, and other activities to improve life and job skills, as well as overall health.

**Emergency Services**

**Short-term Crisis Counseling and Crisis Intervention**

We provide immediate short-term counseling for individuals and families experiencing a crisis following a life-changing event, such as the death of a loved one, loss of a job, assault, or life-threatening illness. We also provide short-term counseling for those overcome with thoughts, feelings, or habits that were once manageable and now seem out of control. These thoughts or feelings can range from excessive worry, to phobias, to an inability to cope with a loss.

**24-hour Suicide Prevention Crisis Line**

We operate Los Angeles and Orange County’s only 24-hour suicide prevention crisis line for people of all ages at risk of suicide. Our Crisis Line is also a resource for callers concerned that someone they know may be suicidal, as well as for law enforcement agencies requesting crisis response training from our suicide prevention experts.

**Suicide Prevention Outreach and Education**

Staff and volunteers provide suicide education, awareness, and prevention in Los Angeles and Orange Counties through presentations to schools, churches, community groups, businesses, and law enforcement agencies, as well as to hospitals, counseling centers, and other clinical environments. We also teach those already working in these settings to train their staff about the warning signs of suicide and how to respond if someone needs help.

**Survivors After Suicide Program**

This program offers support for people who have lost a loved one to suicide, including eight-week groups, monthly drop-in groups, and telephone counseling. In addition, the program’s Suicide Response Team works closely with the Crisis Response Team of the Los Angeles City Mayor’s Office to offer immediate crisis counseling at the scene of a suicide. These trained members comfort families and connect them to community resources that will help them when loneliness and despair seem overwhelming.

**Best Practices**

**Outcomes**

To assure that our services remain on the forefront of the mental health and substance abuse fields, our Outcomes Department continually reviews current treatment models and developments. It gathers outcome data, which is used to evaluate our effectiveness, adjust our practices, and set future goals. Additionally, in the face of our ever-changing society, it assures that our programs are culturally-sensitive, providing the best care to our diverse community.

**Training**

The Center’s commitment to quality mental health services is supported by an excellent continuing education seminar series offered by our Training Department. Held twice a month from October through July, mental health professionals within the agency and from the community are invited to present a variety of topics to staff. Common themes in these seminars are diagnostic issues, exposure to new treatment models, professional ethics, special issues in working with culturally diverse populations, and mental health policy.

Each year, we provide approximately 25 future social workers, psychologists, marriage and family therapists, nurses, and psychiatrists with practicum and work experience opportunities through our comprehensive training program. Our psychology internship program is accredited by the American Psychological Association and our master’s level internships follow regulations and standards set forth by the California Board of Behavioral Sciences.

**Quality Assurance**

Because we believe that the quality of clinical documentation reflects the quality of treatment, our Quality Assurance Department trains and provides support in documenting the work of our clinicians. We also audit our clinical documentation to ensure that we comply with all legal and contractual requirements and that our programs provide cost-effective treatment.
Who We Helped

44,642 Clients

Client Ethnicity
- African-American 17%
- Asian/Pacific Islander 15%
- Caucasian 21%
- Latino 32%
- Native American/Indian 3%
- Other 11%

Client Age
- Older Adult 4%
- Children 28%
- Adult 68%

Client by Program
- Substance Abuse 9%
- Mental Health 35%
- Emergency Services and Suicide Prevention 56%

Client by Gender
- Female 55%
- Male 45%
Mission Statement

Didi Hirsch transforms lives by providing quality mental health and substance abuse services in communities where stigma or poverty limit access.

Accessible  We offer services at our centers and in neighborhood settings that are welcoming, culturally respectful and responsive to underserved communities.

Comprehensive  We provide a continuum of prevention, early intervention and treatment services for individuals, families and the community.

Collaborative  We partner with clients, families and community groups to set goals, identify priorities and evaluate results.

Innovative  We train staff and future professionals to use state-of-the-art principles in a culture of learning and team excellence.

Accountable  We produce measurable clinical and fiscal outcomes, seek opportunities for growth, and evolve as needs change to ensure our long-term viability and value.

Committed  We are dedicated to erasing the stigma and discrimination associated with mental illness and substance abuse and advocating for access to care.
Donors

Didi Hirsch Mental Health Services would like to extend its appreciation to all those who generously supported us during 2007-2008: individuals, groups, businesses, foundations, and those who gave through United Hostesses’ Charities, United Way, and other designated giving programs. We also thank the future mental health professionals who interned at Didi Hirsch Mental Health Services and all of our dedicated volunteers. Volunteers and interns contributed 16,679 hours of service in 2007-2008.

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Didi Hirsch thanks the following supporters for including the agency in their estate plans. Their generosity will ensure the continuation of crucial mental health and substance abuse treatment to people in need.

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Cindy Loeb and Robert Izenberg
Robert Long
Susan and Jonathan Loring
Los Angeles Times
Judith F. Lovell
James Loveman
Jerry Lubin
Helen Luther
Kate Lyon
Lorraine Lyou
M & D Auto Parts
Mary Lu and John MacKorke
Andrea Madden
Donna and Richard Mann
Frank Maranto
Alan Markowitz
Wendy Marlet
Zahid Masood
Mattel Children’s Foundation Matching Gifts
Roberta and Frank Mattoon, Sr.
Joanne May
Mary Maurer
Jeffrey McGowan
Sue and Thomas McCabe
Bernice and James McComb
Sharon McDaniel, P.M.H.N.P.
Darren McGregor
Gail L. McInnes
Cynthia McLean
Janet Lee McLellan
Duane E. McWaine, M.D.
and David Huebner
Media Impact
Donald Mellman, M.D.
Harold Melman
Judith and John Menne
Edith Metzner
Carolyn and Bill Meyer
Meyer Corporation
Microsoft Matching Gifts Program
Military Women in Need
Karen and Tom Miller
Lee Miller
Nancy and David Milstein
Marisela and Hank Mitchel
Deborah and Adam Mogil
Maggie and Rick Mogil
Monteiro Rose Dravis Agency
Mayumi and Wilson Morishita
Vivien and Allen Morita
Wendy and John Moskal
Judy and John Motz
Roberta Muller
Matt Mullin
Kellie Mullins
Roberta Nelson
Therese Nery
New Directions
Shari and Kenneth Nishi
Linda and Dean Nobori
Marilyn and Alan Nobori
John J. O’Neill
The Otheroom
Ana K. Nogen
and Thomas Morphopoulos
Richard Patrick
Lisa Pemberton
The People’s Choice Charities
Ellen Perlmutter, Ph.D.
and Edward Jones, Ph.D.
Nancy and Edward H. Phillips, M.D.
Patricia and Judge Donald F. Pitts
Karen Kay Platt
Jackie and Adam Popper
Rissa and Chuck Potter
Mayra and Agustin Prado
Marie and David Prenatt
Barbara Price
Gloria Price
Michael Propper, M.D.
Rabobante
Lillian Raffel
Debra Ramsey
Nicki and Tom Rankin
Alyson Reed
Daniel Relles
William J. Reynolds
Edith and Marshall Reznick
Ramona Ripston
Lori and Gregory Robinson
Carol Rose
Beverly and Leonard Rosen
Jeff Rosen
Suzy and Paul Rosenberg
Patricia Z. Rosenburg
Barbara Rosenfeld
Helen Rosin
Erika Rothenberg
Dinah Rowley
Zacky Rozio
Anne and Jesus Rubio
Michelle Ruff
Susana and Kenneth D. Rushing
SAP Matching Gift Program
Kathy Sadamitsu
Mark Sadamitsu
Candice Saito
Ruth and Don Salk
Dorothy and Abe Salkin
San Antonio Catholic Church
Youth Ministry
Diana Saporito
Susan and Morris Savin
Lorraine D. Sax
Kimberly and James Schaffer
Nancy R. Schauer
and Tom Williams
Evan B. Schenkel, Esq.
Isabella and Richard Schenkel
Margaret and Jack Schlaifer
Dorotha and Jack Schlanger
Laurie Schneider
Ruth and Robert Schriebman
Richard Schroder
Hannah Schulhof
Jill and Paul Schulman
Majorie Schuman, Ph.D.
John Schwartz
Debbie and Bill Sean
Sonia and George Segal
David Selzter
Mary Senzaki
Sue and Steve Shackelford
Linda Shahinian
and Herb Schiff
Ilona K. Sherman
Mary Sherman, M.D.
and Jeff Sherman
Shirley and Russell Sherman
Judy M. Shippel
Harvey Shore
Jay Shore
Diane C. Siegel
Patricia Simpson
Shikra Singh
Ann N. Smith
Beverly A. Smith
Miriam and Dale Smith
Pompea and Fred Smith
Ruthie and Bud Smoot
Rebecca Snider
Valerie Sobel
William Sobel
Nancy Lelewor Sonnabend
Sue Sousley
Ileana and Robert Stahl
Mark Stanko
Patricia and Jim Steele
Diane and Joel Steiger
Step Up On Second
Gretel and George Stephens
Howard Stern
Louis A. Stern, Jr.
Sydney and Jon Stern
Sharon and Doug Stewart
Thomas Stoudt
Daniel Sullivan
Lenore S. Sussman
Gigi Sutila
Margery Tabankin
and Earl Katz
Cheryl Tabellion
Rosa and Conrad Tang
Charlotte Tarantola
Frances and Sherman Teller
Kirsten and Sherman Tellez
DeeAnn Thompson
Karen Thomas
Jackie Tipper
Allison Tokunaga
Asao Tokunaga
Anita Trush and Daniel Frydman
Naomi Tsuha
Twentysixers, LLC
Hayley E. Tyler
Irima and Henri Van Dam
Andrea and John Van de Kamp
Mely and Stan Vander Vegt
Judy Vann
Rita Vennari
Jessica Verano
Mark A. Vierra
Dawn Vo-Jutabha, Ph.D.
Eileen J. Vogt
Donna and Nobert Wabnig
Ann R. Wallace
Chuck Wallau
Gary Waller
Hope Warner
Kim and Thaddeus Wasung
Barbara Webster
and Marc Popkin
Jeri Weiss and Walter S. Baer
Stephen Weiss, Ph.D.
Sheryl Weissberg
Roberta K. Weissman
Sharon Wells
Katharine Werber
Westat
Western Telecommunication Consulting, Inc.
Holly Whiting
Harriet Willburne, M.D.
and Rick Curcio
Nancy Wileman
Michele Willens
Cecile and Richard Willis, D.D.S.
Carmel and Rudolph Winkler
Elaine Winters
Carol Wood
Robert Wood
Drucilla Wood-Beeckwith
Nina Woodrow
Randi Woodrow
Thomas Woodruff
Helen B. Wu
Garret Wyner, M.D.
Lisa and Franklin Yeager
Cheron Zekavat
Deborah Pikul Zent
Josh Zuboff

**FRIEND (50-$99)**
Ann and Paul Abe
Debbie Andorka Aceves
Terry and Grant Adamson
Azadeh Afshar
Esperanza Aguilar
Anuradha Aithal
Gina Albi
Victor Alcantar
American Martyrs
Catholic Church
Amgen Foundation
Gordon Anderson
Jennifer Anderson
Linda Anderson
Jo Ann Andrick
Keith Anyon
Reginald Archambault, Jr.
Oleatha Mae Arnold
Association of Community
Human Service Agencies
Miriam Baer and Arthur Hoyle
Carol J. Baker
Philbert Bangayan
Juanita and Sammy Banks
Kylie Bass
Noreen and Alan Baum
Mary Christine Beck
Angela and George Bellias
M. Christina Benson, M.D.
and Kenneth Brooks
Wells, M.D.
Alice Berk
Irving H. Berkovitz, M.D.
Andrew Berman
Kim Bernard
Sara Bock
Silvia Boggis
Regena Booze
Margaret Briggs
Diane C. Brinegar
Carol and Bob Brockish
Timothy Brockish
Jennifer Brown
An Brunelle
Maria and Michael Buhbe
Angela Burt
Jean and Vincent Butt
Trevor Byrne
Tracy Caldeira
Carmony Callaway
Marcella Camberos
Karen Causey
Pamela Cedrone
Claribelle Chandana
Cynthia Chaillie
Carole and Allan Chasin
Evelyn and Vince Chun
Emily Chung
Lea Cimbalist
Natalie Cinato
Patricia Coghlan
Bram Conley
Jack Cook
Herman Cortez
Elisabeth Costa de Beauregard
Birgit Crable
Susan Crane
Lacelle D’Angelo
Betty L. Dahlquist
and Paul Sherman
Carolyn De Mers
Catherine DeMonte
Yavonne DeRhei
Ronald Deutsch
Regina Dillard
Lenore Dixon
William Dombrowski
Jason Dravis
Elizabeth A. Dudley
Jeff Eamer
David Eisner, M.D.
Lucy Escamilla
Yadira Escamilla
Sandra Escobar, Ph.D.
Stephen Essington
Stephanie Esteban
Terri K. Evans
Kathy Lee Farkas
Alice and Frank Farmanian
Amy Dean Fayazrad
Greg Fecht
Gloria Feldman
Javier Fernandez
James and Linda Fink
Cheryl Fong
Ellen and Andrew Frank
Mary Lynn Frein
Tami Friedrick
Elisa Fujirasa
Gary Galbraith
Adriana Garcia
Joe Albert Garcia
Carmen Gardiner
Nicholas Gardner
Christine Geller
Gordon Gerson
Dawn Gillings
Doris Given
Wendy and John Gladwin
Ruth and Norman Goldberg
GoodSearch
Sherry Green and Gael Chandler
Betty and Alan Greenberg
Susan Greenberg
Dann Grindeman, M.F.T.
Lynn Winter Gross
Katherine Grossman
Cindy and Orlando Guiang
Kim Gustovitch
Nina Gutin, Ph.D.
Anna Hall
Greg Hannahs
Richard Harer
Melanie Harrison
Rosalind Harrison
Patricia Hause
Steven Hayashi
Georgenne Henshaw
and Kenwood Youmans
Jennifer and Adam Hershman
Jacqueline R. Hill
Vanessa Holder
James Hong
Katherine Hopkins
Darin Hornbaker
Barbara J. Hornrefixer
Kristin Howard
William Hudson
Brenda Ingram
Bruce Ino
Julie Inouye
Eva Ivener
Janet Jacobs and Ted Fine
Amy C. Johnson
Nicole Jones
Sharon K. Jones
Chesleigh Jonker
Barbara Kabahar
April Kacena
Robin Kay
Nancy Kenworthy
Mana Khafaf
Jeffrey Kiernan
Ellen Kimmel
Christopher King
Richard D. Kirshberg
Beverley and David Kleeman
Robert Kleeman
Susan Klos
Lisa Koerbling
Stephen D. Koffman
Judy and Mitchell
Komaiko, M.D.
Kim Kowsky and Sheldon Cohn
Daniel Kravitz
June and Kenneth Kumagai
Karen and Doug Lam
Elizabeth Selzer Lang
Suzanne and Dave Larky
Matt Larson
Elizabeth Link
Megan Lawson
Elaine Leader, Ph.D.
Rob Lee
Richard Lefkowitz
Margaret Leibert
Barbara and Stanley Leiken, M.D.
Ann and Robert Lemmon
Ewan Leslie
Bette and Harvey Levy
Eric Lew
Floyd Lewis
Jan Lipschutz
Bonnie Lisle and Roy Weitz
Dana Liston
Janise Liu
In-kind
99 Cents Only Stores
Evelyn and Jerome Ackerman
Vivienne Adams
Alondra Aguayo
Keith Anyon
Aquarium of the Pacific
Armstrong Garden Center
Karmen Atayan
Megan Backer
Baypoint Mortgage, Inc.
Benihana, Inc.
Natalie Berkman
Dana and Mike Berman
The Beverly Hilton
Fay Beyer
BJ’s Restaurant Brewery
Rosemary Blegen
Amy and Todd Bomberg
Joan Borinstein
Bradford Renaissance Portraits
Joy Brenner
Bristol Farms
Brenda Brown
Julie Browne
Cynthia and Thomas Bryan
Kevin Butler
Stacey and Mike Calgano
California Pizza Kitchen
Sue Cantlin
Marcelo Carulli-Pena
Regina Cavanagh
Central Basin Municipal Water District
Mary Chiappetta
Chicago Ribs
Children’s Book World
Chile Verde
Chili’s
Kristina Citi
Clementine
Coco’s
Coffee Bean & Tea Leaf
Jill Cohen
Carmen Cooke
Nancy Cord
Cathey Dare
Niki Davis
Delta Gamma Sorority
Lisa G. Dempsey
Lynne and Irwin Deutch
The Walt Disney Company
Maureen Doerken
Suzanne Downey
Echo Horizon School
Elio’s Fitness for Success
Bonnie Englé
Irene and Rudolph Estrada
Catherine Fellowes
Betty Fitzpatrick
Charlotte W. Fletcher, Ph.D.
and Jeremy Fletcher
Regina Ghausi
Debra Gordon
Meg Graham
Faye Griffith
Lenore and Haskel Haim
Elizabeth and Robert Halista
Theresa Halista
Jennifer and Mark Hamaguchi
Dee Dee Hoffman
Holly Street Bar and Grill
Hollywood Park
Hotel Mar Monte
Shelly and Seymour Hudosh, M.D.
Image Entertainment, Inc.
In-N-Out Burger Foundation
Island’s
Jamba Juice
Kasontra Jensen
Star Johnson
Rhonda Jones
Jongewaard’s Bake-N-Broil
Kabuki
Kaiser Permanente
Ferre A. Kiani
Sharon M. Kopman
and Jason Kay
Sandri Kramer
James Krogel
Qiana R. La Croix
Diane Lansing
Sue Lappin
Alejandra Laredo
The Laugh Factory
Joanne and John Laurie
Rosalind Lee
Jennifer and Lee Leibman
Mary and Stanley D. Lelewer
Jennifer Lewis
Los Angeles Dodgers
Judith and Marvin Maltzman
Lelia and B. Robert Maltzman
Nichola Marble-Van Dam
Marmalade Cafe
Jane Marpet
Marshall’s
McDonald’s Corporation
Duane E. McWaine, M.D.
and David Huebner
Mervyn’s
Maggie and Rick Mogil
Deana Morgan
Cheryl Moss
Morris Moussavieh
Gwen Myles
Lynn Nestle
New Age Electronics
Olive Garden
Pacific Asia Museum
Joyce Palmer
Pasadena Playhouse
Pavilions
Peet’s Coffee
Jack Posen
Victoria Principal
Nancy Quach
Red Lobster
Redex Industries
Joanne and Hil Reyes
Angela Rich
Marlene L. Ritner
Michelle Robson
Deisy Rolon
Sharon and Rick Rosas
Melba Ross
Andrew E Rubin
Rubio’s Baja Grill
Dulce M. Ruiz
Santa Monica Yoga
Susan Sawiki
Darrin Schnabel
See’s Candies
Shelter Partnership, Inc.
Leigh Sietzama
Six Flags Magic Mountain
Skirball Cultural Center
Sony Pictures Entertainment
Patricia Soules
Soy Joy
Spago
Karina Srapyan
Starbucks Coffee
Stefano’s
Alex Stephens
Paul Struhl
Toni L. Stutson
Debbie Tran
Kelly Underdown
Universal Studios
Lauren Vo
Western Bagel
Donna Williams
Leslie Wilson
Laurie Woodrow
Vickie Ycaza
Cheri Renfroe Yousem
Sheila Zison
RAISING AWARENESS

Erasing the Stigma 2008

From top left: Awards Chairs Beatrice Stern and Andrew E. Rubin; Thomas Whiteside, and Leadership Honorees Chuck Dean, Bridget Cantrell, Ph.D., emcee Christine Devine with President/CEO Kita Curry, Ph.D. and presenter Major Ray Kimball; Legacy Honoree Jilliene F. Schenkel and Patrice Hirsch Feinstein; Thomas Whiteside and Major Ray Kimball; The New Directions Choir, a veterans performing group; John Head, past honoree with Immediate Past Chair Cheri Renfroe Yousem and Treasurer Martin Frank

Thirteen years ago, Didi Hirsch launched the Erasing the Stigma Leadership Awards to honor advocates who have increased our understanding, compassion and hope for those with mental illness. Our 2008 awards focused on mental health in the military. Without attention to the needs of today’s returning veterans, our service people will end up homeless, or victims of suicide like far too many veterans of past wars. Dr. Bridget Cantrell, the daughter of a Korean War vet and Chuck Dean, a Vietnam vet, accepted Leadership Awards for counseling and authoring books that have helped thousands of vets and their families prepare for and adjust to the ravages of war. The Beatrice Stern Media Award went to Washington Post columnists Anne Hull and Dana Priest for their exposé of the appalling neglect and abuse of returning veterans at Walter Reed Hospital. Accepting on their behalf, Tom Whiteside shared the story of his daughter Elizabeth, who faced a court martial and prison after attempting suicide while in Iraq. Philanthropist Jilliene Schenkel was honored with a Legacy Award for serving as the first Chair of these Awards and for her steadfast support of mental health services
RAISING AWARENESS

Alive and Running 2008

The 10th anniversary of the Alive and Running Suicide Prevention 5K walk/run found the event bigger and healthier than ever. Over 4,000 participants joined together to raise awareness and funding for suicide prevention services. This was the first race of the season for more than 3,000 teens from Students Run LA, a program that teaches youth to set and achieve goals by training for the LA Marathon. In an age group with one of the highest rates of suicide attempts, each received a blue wristband featuring the Suicide Prevention Center’s hotline number. In memory of her teenaged daughter, Marilyn Nobori brought out the Taiko drum team, Chikara Daiko, from the Centenary United Methodist Church in Little Tokyo to energize runners at the start and finish line. Marilyn also put together a team of 61, the largest in the race. With classic Didi Hirsch team spirit, our Clubhouse members came to volunteer at dawn and raised almost $1,500 in gratitude for the help they received during times of unbearable emotional pain.
Summary Financial Information

Federal Tax ID# 95-1816023

**Statement of Activities**

**FY 07/08** | **FY 06/07**
--- | ---
**Revenue** |  |  |
Government Contracts | $20,924,000 | $19,868,000 |
Contributions and Grants | 376,000 | 332,000 |
United Way | 203,000 | 348,000 |
Special Events (Net) | 244,000 | 304,000 |
Patient Fees | 145,000 | 172,000 |
Donated Goods and Services | 564,000 | 426,000 |
Other | 172,000 | 234,000 |
**Total Revenue** | **$22,628,000** | **$21,684,000** |

**Expenses**

Personnel | 17,314,000 | 16,499,000 |
Operating | 2,444,000 | 2,294,000 |
Occupancy | 1,672,000 | 1,582,000 |
Depreciation | 594,000 | 594,000 |
Donated Goods and Services | 564,000 | 426,000 |
**Total Expenses** | **$22,588,000** | **$21,395,000** |

**Excess of Revenue over Expenses**

$40,000 | $289,000

**Statement of Financial Position**

**Assets**

Cash and Cash Equivalents | 3,921,000 | 3,517,000 |
Accounts Receivable/Prepaid | 1,608,000 | 2,192,000 |
Property and Equipment (Net) | 4,590,000 | 4,649,000 |
**Total Assets** | **$10,119,000** | **$10,358,000** |

**Liabilities**

Accounts Payable/Accrued | 3,785,000 | 3,963,000 |
Notes Payable | 1,044,000 | 1,145,000 |
**Total Liabilities** | **$4,829,000** | **$5,108,000** |

**Net Assets**

$5,289,000 | $5,250,000

**Total Liabilities & Net Assets**

$10,118,000 | $10,358,000

Audited financial statements are available upon request.
Board of Directors

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Executive Vice Chair
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Vice President of Clinical Operations
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Vice President of Finance
JOHN P. McGANN, C.P.A.
and Administration
Medical Director
DUANE E. MCWAIN, M.D.

Locations

HEADQUARTERS
4760 South Sepulveda Boulevard
Culver City, CA 90230
(310) 390-6612

CULVER-PALMS CENTER
11133 Washington Boulevard
Culver City, CA 90232
(310) 895-2300

EXCELSIOR HOUSE
1007 Myrtle Avenue
Inglewood, CA 90301
(310) 412-4191

INGLEWOOD CENTER
111 North La Brea Avenue
5th and 7th Floors
Inglewood, CA 90301
(310) 846-2100 5th Floor
(310) 677-7808 7th Floor

JUMP STREET
1233 South La Cienega Boulevard
Los Angeles, CA 90035
(310) 855-0031

MAR VISTA CENTER
12420 Venice Boulevard
Suite 200
Los Angeles, CA 90066
(310) 751-1200

METRO CENTER
672 South La Fayette Park Place
Suite 6
Los Angeles, CA 90057
(213) 381-3626

S. MARK TAPER
FOUNDATION CENTER
1328 West Manchester Avenue
Los Angeles, CA 90044
(323) 778-9593

VIA AVANTA
Pacoima, CA
(818) 897-2609

Since 1942, Didi Hirsch Mental Health Services has treated more than half a million people, promoting a better quality of life for residents throughout Los Angeles County. As the first non-profit mental health outpatient clinic in Los Angeles, Didi Hirsch was initially founded to help adults cope with the aftermath of the Great Depression. Over the years, Didi Hirsch has evolved in response to the needs of our increasingly complex community.

Through the leadership and generosity of Mrs. I Kingdon (Didi) Hirsch, in 1974 the agency became one of the first comprehensive community mental health centers in Los Angeles County. The agency was subsequently renamed to honor Didi Hirsch.

Today, we offer a broad array of mental health and substance abuse programs, serving more than 44,000 children, adults and families at our nine locations each year. The Didi Hirsch Suicide Prevention Center and Crisis Line was the nation’s first and has helped those in need since 1958.